

Ewige Bestenliste des LAC TV Unterstrass

Männer U20

Stand: 28.09.2020

60 m

| | | | |
|---|------|---------------------|------|
| 1 | 7.24 | Martin Fuchs (1999) | 2018 |
|---|------|---------------------|------|

100 m

| | | | |
|----|-------|------------------------|------|
| 1 | 10.68 | Markus Ineichen (1973) | 1991 |
| 2 | 10.77 | Mattia Dora (2001) | 2020 |
| 3 | 10.85 | Roger Kernbach (1970) | 1989 |
| 4 | 10.89 | Marcel Renevey (1973) | 1992 |
| 5 | 10.99 | Daniel Balsiger (1963) | 1981 |
| 6 | 11.05 | Jan Mitsche (2001) | 2020 |
| 7 | 11.06 | Reto Jelinek (1966) | 1985 |
| 8 | 11.11 | Martin Fuchs (1999) | 2017 |
| 9 | 11.14 | Daniel Rentsch (1967) | 1986 |
| 10 | 11.16 | Manuel Suter (1981) | 2000 |
| 10 | 11.16 | Yves Baur (2002) | 2020 |

100 m (handgestoppt)

| | | | |
|---|------|--------------------------|------|
| 1 | 10.7 | Peter Trottmann (1955) | 1974 |
| 2 | 10.8 | Albert Schnüriger (1956) | 1975 |
| 3 | 11.0 | Ernst Maag (1956) | 1975 |
| 4 | 11.2 | André Mosimann (1955) | 1974 |
| 4 | 11.2 | Ruedi Gurtner (1957) | 1976 |

150 m

| | | | |
|---|-------|---------------------|------|
| 1 | 16.01 | Mattia Dora (2001) | 2020 |
| 2 | 17.03 | Martin Fuchs (1999) | 2018 |
| 3 | 17.55 | Lars Widmer (1999) | 2018 |

200 m

| | | | |
|----|-------|--------------------------|------|
| 1 | 21.14 | Markus Ineichen (1973) | 1991 |
| 2 | 21.69 | Mattia Dora (2001) | 2020 |
| 3 | 22.06 | Roger Kernbach (1970) | 1989 |
| 4 | 22.10 | Reto Jelinek (1966) | 1985 |
| 5 | 22.23 | Daniel Rentsch (1967) | 1986 |
| 6 | 22.34 | Urs Blattmann (1972) | 1991 |
| 7 | 22.37 | Beat Glogger (1960) | 1979 |
| 8 | 22.42 | Daniel Balsiger (1963) | 1981 |
| 9 | 22.46 | Alex Dübendorfer (1968) | 1986 |
| 10 | 22.48 | Vladimir Bolliger (1971) | 1989 |

200 m (handgestoppt)

| | | | |
|---|------|--------------------------|------|
| 1 | 22.4 | Martin Aschwanden (1956) | 1975 |
| 2 | 23.0 | Ernst Maag (1956) | 1975 |

300 m

| | | | |
|----|----------|-------------------------------|------|
| 1 | 34.98 | Hugo Santacruz (1988) | 2007 |
| 2 | 35.65 | Yannick Schaufelberger (1995) | 2014 |
| 3 | 35.7 (m) | Peter Trottmann (1955) | 1974 |
| 4 | 35.93 | Estiben Vasquez (1993) | 2011 |
| 5 | 36.00 | Lars Widmer (1999) | 2018 |
| 6 | 36.37 | Martin Fuchs (1999) | 2018 |
| 7 | 36.41 | Lukas Ryffel (1992) | 2011 |
| 8 | 36.5 (m) | Ernst Maag (1956) | 1975 |
| 9 | 36.5 (m) | Jeannot Diem (1956) | 1975 |
| 10 | 36.52 | Ali Al-Kenani (1994) | 2012 |

400 m

| | | | |
|----|----------|--------------------------|------|
| 1 | 47.7 (m) | Martin Aschwanden (1956) | 1975 |
| 2 | 48.20 | Reto Jelinek (1966) | 1985 |
| 3 | 48.52 | Vladimir Bolliger (1971) | 1989 |
| 4 | 48.9 (m) | Albert Schnüriger (1956) | 1975 |
| 5 | 48.95 | Yves Baur (2002) | 2020 |
| 6 | 49.11 | Gert Kilbert (1965) | 1984 |
| 7 | 49.20 | Hugo Santacruz (1988) | 2007 |
| 8 | 49.23 | Stefan Meier (1965) | 1984 |
| 9 | 49.39 | Andreas Huber (1964) | 1983 |
| 10 | 49.83 | Ali Al-Kenani (1994) | 2012 |

600 m

| | | | |
|----|---------|---------------------------|------|
| 1 | 1:19.28 | Vladimir Bolliger (1971) | 1989 |
| 2 | 1:19.63 | Martin Aschwanden (1956) | 1974 |
| 3 | 1:20.27 | Gert Kilbert (1965) | 1983 |
| 4 | 1:20.60 | Adrian Wäckerlin (1964) | 1983 |
| 5 | 1:21.98 | Roger Gschwend (1976) | 1995 |
| 6 | 1:22.51 | Ernst Tanner (1965) | 1984 |
| 7 | 1:22.77 | Andreas Huber (1964) | 1983 |
| 8 | 1:24.00 | Olivier Birchmeier (1963) | 1982 |
| 9 | 1:26.09 | Lukas Ryffel (1992) | 2011 |
| 10 | 1:26.83 | Björn Müller (1999) | 2018 |

800 m

| | | | |
|----|------------|---------------------------|------|
| 1 | 1:47.97 | Gert Kilbert (1965) | 1984 |
| 2 | 1:49.1 (m) | Martin Aschwanden (1956) | 1975 |
| 3 | 1:49.93 | Vladimir Bolliger (1971) | 1989 |
| 4 | 1:50.93 | Adrian Wäckerlin (1964) | 1983 |
| 5 | 1:53.06 | Philippe Bandi (1970) | 1989 |
| 6 | 1:53.53 | Roger Gschwend (1976) | 1995 |
| 7 | 1:54.2 (m) | Hisham Mansour (1961) | 1980 |
| 8 | 1:54.53 | Ernst Tanner (1965) | 1983 |
| 9 | 1:56.22 | Olivier Birchmeier (1963) | 1982 |
| 10 | 1:56.33 | Michael Bruggmann (1969) | 1988 |

1000 m

| | | | |
|----|------------|--------------------------|------|
| 1 | 2:22.23 | Gert Kilbert (1965) | 1983 |
| 2 | 2:28.03 | Peter Gschwend (1976) | 1995 |
| 3 | 2:28.95 | Adrian Wäckerlin (1964) | 1983 |
| 4 | 2:30.5 (m) | Martin Aschwanden (1956) | 1974 |
| 5 | 2:32.77 | Hisham Mansour (1961) | 1980 |
| 6 | 2:33.33 | Ernst Tanner (1965) | 1984 |
| 7 | 2:33.94 | Hanspeter Jutz (1958) | 1977 |
| 8 | 2:34.09 | Thomas Benz (1980) | 1999 |
| 9 | 2:35.9 (m) | Albert Kuhn (1955) | 1974 |
| 10 | 2:38.1 (m) | Peter Trottmann (1955) | 1974 |

1500 m

| | | | |
|----|------------|---------------------------|------|
| 1 | 3:52.67 | Philippe Bandi (1970) | 1989 |
| 2 | 3:54.66 | Olivier Birchmeier (1963) | 1982 |
| 3 | 3:57.46 | Adrian Wäckerlin (1964) | 1983 |
| 4 | 3:57.48 | Gert Kilbert (1965) | 1983 |
| 5 | 4:00.49 | Olivier Zihlmann (1982) | 2001 |
| 6 | 4:00.63 | Daniel Streuli (1984) | 2003 |
| 7 | 4:01.48 | Michael Gassmann (1966) | 1985 |
| 8 | 4:01.9 (m) | Martin Aschwanden (1956) | 1975 |
| 9 | 4:02.20 | Michael Bruggmann (1969) | 1988 |
| 10 | 4:02.43 | Thomas Benz (1980) | 1999 |

2000 m

| | | | |
|---|---------|-------------------------|------|
| 1 | 6:03.67 | Robin Oberholzer (2000) | 2019 |
|---|---------|-------------------------|------|

3000 m

| | | | |
|----|------------|--------------------------|------|
| 1 | 8:32.77 | Thomas Benz (1980) | 1999 |
| 2 | 8:48.14 | Michael Gassmann (1966) | 1984 |
| 3 | 8:54.54 | Olivier Zihlmann (1982) | 2001 |
| 4 | 8:59.2 (m) | Albert Kuhn (1955) | 1974 |
| 5 | 8:59.30 | Vladimir Bolliger (1971) | 1989 |
| 6 | 9:02.46 | Michael Bruggmann (1969) | 1988 |
| 7 | 9:05.42 | Sven Riederer (1981) | 2000 |
| 8 | 9:09.46 | Philippe Bandi (1970) | 1989 |
| 9 | 9:09.80 | Thomas Kuhn (1961) | 1980 |
| 10 | 9:10.36 | Markus Habermann (1962) | 1980 |

5000 m

| | | | |
|---|-------------|-------------------------|------|
| 1 | 14:47.04 | Thomas Benz (1980) | 1999 |
| 2 | 15:28.48 | Jonas Raess (1994) | 2012 |
| 3 | 15:34.24 | Olivier Zihlmann (1982) | 2001 |
| 4 | 15:48.57 | Andriu Deplazes (1993) | 2012 |
| 5 | 15:49.4 (m) | Albert Kuhn (1955) | 1974 |
| 6 | 16:28.74 | Thomas Kuhn (1961) | 1980 |
| 7 | 16:33.4 (m) | Beat Eberhard (1954) | 1973 |
| 8 | 17:00.4 (m) | Martin Bracher (1957) | 1976 |

110 m Hürden (107.6 cm)

| | | | |
|----|-------|------------------------|------|
| 1 | 14.98 | Beat Glogger (1960) | 1979 |
| 2 | 15.39 | Adrian Luder (1968) | 1986 |
| 3 | 15.53 | Urs Leuthold (1961) | 1980 |
| 4 | 15.70 | Daniel Rentsch (1967) | 1986 |
| 5 | 15.86 | Markus Feldmann (1960) | 1979 |
| 5 | 15.86 | Gerard Horan (1962) | 1981 |
| 7 | 15.95 | Thomas Leupin (1965) | 1983 |
| 8 | 16.05 | Ralph Ott (1961) | 1980 |
| 9 | 16.07 | Andreas Huber (1964) | 1983 |
| 10 | 16.16 | Lars Widmer (1999) | 2018 |

110 m Hürden (107.6 cm) (handgestoppt)

| | | | |
|---|------|----------------------|------|
| 1 | 16.8 | Andreas Gygli (1954) | 1973 |
|---|------|----------------------|------|

110 m Hürden (99.1 cm)

| | | | |
|----|-------|-------------------------|------|
| 1 | 14.20 | Jan Mitsche (2001) | 2020 |
| 2 | 14.59 | Yves Baur (2002) | 2020 |
| 3 | 14.82 | Hugo Santacruz (1988) | 2007 |
| 4 | 15.07 | Patrick Ott (1979) | 1998 |
| 5 | 15.61 | Lars Widmer (1999) | 2018 |
| 6 | 15.67 | Liam Müller (2002) | 2020 |
| 7 | 15.68 | This Stocker (1982) | 2001 |
| 8 | 15.93 | Malte Kölle (2001) | 2019 |
| 9 | 16.05 | Lars Widmer (1974) | 2017 |
| 10 | 16.32 | Andrin Schneider (1998) | 2016 |

300 m Hürden (91.4 cm)

| | | | |
|---|-------|-----------------------|------|
| 1 | 39.05 | Lars Widmer (1999) | 2018 |
| 2 | 40.74 | Stefan Baumann (2000) | 2018 |
| 3 | 43.41 | Björn Müller (1999) | 2018 |

400 m Hürden (91.4 cm)

| | | | |
|----|----------|--------------------------|------|
| 1 | 53.52 | Andreas Huber (1964) | 1983 |
| 2 | 53.68 | Lars Widmer (1999) | 2018 |
| 3 | 54.30 | Markus Feldmann (1960) | 1979 |
| 4 | 54.96 | Stefan Meier (1965) | 1984 |
| 5 | 55.14 | Beat Glogger (1960) | 1979 |
| 6 | 55.27 | Patrick Ott (1979) | 1998 |
| 7 | 55.30 | Alex Dübendorfer (1968) | 1986 |
| 8 | 56.8 (m) | Martin Aschwanden (1956) | 1974 |
| 9 | 56.94 | Stefan Baumann (2000) | 2018 |
| 10 | 58.27 | Ali Al-Kenani (1994) | 2012 |

400 m Hürden (76.2 cm)

| | | | |
|---|-------|-----------------------|------|
| 1 | 56.24 | Hugo Santacruz (1988) | 2006 |
|---|-------|-----------------------|------|

2000 m Steeple

| | | | |
|---|------------|------------------------|------|
| 1 | 6:23.89 | Andriu Deplazes (1993) | 2012 |
| 2 | 6:31.47 | Thomas Kuhn (1961) | 1979 |
| 3 | 6:34.4 (m) | Kurt Ammann (1955) | 1974 |

3000 m Steeple

| | | | |
|---|----------|--------------------------|------|
| 1 | 8:59.99 | Andreas Schmid (1965) | 1984 |
| 2 | 10:05.57 | Adrian Ruhstaller (1973) | 1991 |
| 3 | 10:18.90 | Stefan Mühlemann (1973) | 1991 |
| 4 | 10:24.03 | Lars Widmer (1974) | 1992 |

Hoch

| | | | |
|----------|-------------|---------------------------|-------------|
| 1 | 2.06 | Roger Steger (1961) | 1979 |
| 2 | 2.04 | Wolfgang Ebner (1976) | 1995 |
| 3 | 2.01 | Jan Mitsche (2001) | 2020 |
| 4 | 2.00 | Urs Leuthold (1961) | 1980 |
| 5 | 1.98 | Manfred Lüdi (1970) | 1989 |
| 6 | 1.97 | Hugo Santacruz (1988) | 2007 |
| 7 | 1.93 | Christian Lochau (1960) | 1979 |
| 8 | 1.92 | Andreas Gygli (1954) | 1973 |
| 9 | 1.91 | Ralph Ott (1961) | 1980 |
| 10 | 1.90 | Andreas Huber (1964) | 1983 |
| 10 | 1.90 | Michael Kleffel (1983) | 2001 |

Stab

| | | | |
|----------|-------------|-------------------------|-------------|
| 1 | 4.30 | Hugo Santacruz (1988) | 2007 |
| 2 | 4.20 | Urs Leuthold (1961) | 1980 |
| 2 | 4.20 | Peter Freimüller (1970) | 1989 |
| 2 | 4.20 | Yves Baur (2002) | 2020 |
| 5 | 4.00 | Markus Kappler (1963) | 1982 |
| 5 | 4.00 | Jeremias Rüegg (1999) | 2018 |
| 7 | 3.90 | Ralph Ott (1961) | 1979 |
| 7 | 3.90 | Malte Kölle (2001) | 2019 |
| 9 | 3.80 | Markus Mayer (1963) | 1982 |
| 9 | 3.80 | Andrin Schneider (1998) | 2016 |
| 9 | 3.80 | Jan Mitsche (2001) | 2019 |

Weit

| | | | |
|----------|-------------|--------------------------|-------------|
| 1 | 7.09 | Walter Esposito (1972) | 1991 |
| 1 | 7.09 | Mattia Dora (2001) | 2019 |
| 3 | 7.04 | Adrian Luder (1968) | 1986 |
| 4 | 6.99 | Yves Baur (2002) | 2020 |
| 5 | 6.93 | Hugo Santacruz (1988) | 2006 |
| 6 | 6.88 | Thomas Telle (1962) | 1981 |
| 7 | 6.83 | Alex Dübendorfer (1968) | 1987 |
| 8 | 6.70 | Ralph Ott (1961) | 1980 |
| 9 | 6.68 | Albert Schnüriger (1956) | 1975 |
| 9 | 6.68 | Peter Freimüller (1970) | 1989 |

Drei

| | | | |
|----|-------|-------------------------|------|
| 1 | 14.11 | Walter Esposito (1972) | 1991 |
| 2 | 13.90 | Marc Zenklusen (1977) | 1996 |
| 3 | 13.37 | Roger Schibli (1968) | 1986 |
| 4 | 13.26 | Erich Pfister (1964) | 1983 |
| 5 | 13.15 | Joannes Fresa (1986) | 2004 |
| 6 | 13.10 | Alex Dübendorfer (1968) | 1986 |
| 7 | 13.02 | Michael Kleffel (1983) | 2002 |
| 8 | 12.96 | Sven Ryffel (1972) | 1991 |
| 9 | 12.86 | Martin Keist (1973) | 1992 |
| 10 | 12.64 | Malte Kölle (2001) | 2019 |

Kugel (7.26 kg)

| | | | |
|---|-------|---------------------------|------|
| 1 | 15.43 | Max Rüegg (1956) | 1975 |
| 2 | 14.28 | Willy Frenzel (1964) | 1983 |
| 3 | 12.88 | Sascha Marchetto (1973) | 1991 |
| 4 | 11.95 | Hansruedi Mattmann (1962) | 1981 |
| 5 | 11.88 | Roger Ingold (1960) | 1979 |
| 6 | 11.80 | Cyrill Lüscher (1964) | 1982 |
| 7 | 11.59 | Ralph Ott (1961) | 1980 |
| 8 | 11.54 | Sven Ryffel (1972) | 1990 |
| 9 | 11.52 | Urs Leuthold (1961) | 1980 |

Kugel (6 kg)

| | | | |
|----|-------|-------------------------|------|
| 1 | 14.60 | Jan Mitsche (2001) | 2020 |
| 2 | 14.29 | Oliver Heck (2002) | 2020 |
| 3 | 13.52 | Andrin Schneider (1998) | 2017 |
| 4 | 13.44 | David Meier (1981) | 1999 |
| 5 | 13.43 | Hugo Santacruz (1988) | 2007 |
| 6 | 13.24 | Sascha Marchetto (1973) | 1992 |
| 7 | 13.20 | This Stocker (1982) | 2000 |
| 8 | 12.87 | Tobias Baumann (1983) | 2001 |
| 9 | 12.62 | Jeremias Rüegg (1999) | 2018 |
| 10 | 12.55 | Malte Kölle (2001) | 2019 |

Kugel (5 kg)

| | | | |
|---|-------|-----------------------|------|
| 1 | 13.74 | Jeremias Rüegg (1999) | 2017 |
| 2 | 13.28 | Lars Widmer (1999) | 2018 |
| 3 | 11.80 | Martin Fuchs (1999) | 2018 |
| 4 | 11.57 | Leandro Gimmi (1998) | 2017 |
| 5 | 8.94 | Torben Kölle (1997) | 2015 |

Diskus (2 kg)

| | | | |
|----|-------|-------------------------|------|
| 1 | 39.40 | Willy Frenzel (1964) | 1983 |
| 2 | 38.32 | Sven Ryffel (1972) | 1991 |
| 3 | 37.46 | Sascha Marchetto (1973) | 1991 |
| 4 | 36.70 | Thomas Landis (1963) | 1982 |
| 5 | 36.42 | Cyrill Lüscher (1964) | 1982 |
| 6 | 36.24 | Urs Leuthold (1961) | 1980 |
| 7 | 35.94 | Thomas Landis (1963) | 1981 |
| 8 | 35.90 | Max Rüegg (1956) | 1974 |
| 9 | 35.03 | Andreas Gygli (1954) | 1973 |
| 10 | 34.46 | Peter Freimüller (1970) | 1989 |

Diskus (1.75 kg)

| | | | |
|----|-------|-------------------------|------|
| 1 | 42.28 | Jan Mitsche (2001) | 2020 |
| 2 | 40.59 | Oliver Heck (2002) | 2020 |
| 3 | 39.96 | Sascha Marchetto (1973) | 1992 |
| 4 | 39.49 | Tobias Baumann (1983) | 2001 |
| 5 | 39.38 | This Stocker (1982) | 2000 |
| 6 | 38.64 | Marc Zenklusen (1977) | 1996 |
| 7 | 36.44 | Jeremias Rüegg (1999) | 2018 |
| 8 | 35.09 | Yves Baur (2002) | 2020 |
| 9 | 34.87 | Hugo Santacruz (1988) | 2007 |
| 10 | 34.75 | Andrin Schneider (1998) | 2016 |

Hammer (6.25 kg)

| | | | |
|---|-------|--------------------|------|
| 1 | 30.53 | David Meier (1981) | 2000 |
|---|-------|--------------------|------|

Hammer (6kg)

| | | | |
|---|-------|--------------------|------|
| 1 | 34.43 | Malte Kölle (2001) | 2020 |
|---|-------|--------------------|------|

Speer (800 g)

| | | | |
|----|-------|---------------------------|------|
| 1 | 61.57 | Paul Filges (1999) | 2017 |
| 2 | 59.18 | Hansruedi Mattmann (1962) | 1981 |
| 3 | 56.70 | Marcel Polidori (1969) | 1988 |
| 4 | 58.30 | Max Rüegg (1956) | 1974 |
| 5 | 55.13 | Urs Thoma (1980) | 1999 |
| 6 | 54.26 | Robert Krebs (1980) | 1999 |
| 7 | 52.72 | Thomas Landis (1963) | 1981 |
| 8 | 49.44 | Markus Hilber (1969) | 1988 |
| 9 | 49.43 | Malte Kölle (2001) | 2019 |
| 10 | 48.74 | Willi Hodel (1968) | 1987 |
| 10 | 48.74 | Lars Widmer (1999) | 2017 |

Fünfkampf Junioren

| | | | |
|---|------|---------------------|------|
| 1 | 2992 | Ralph Ott (1961) | 1979 |
| 2 | 2529 | Felix Keller (1956) | 1974 |

Zehnkampf U20

| | | | |
|----|------|-------------------------|------|
| 1 | 7072 | Jan Mitsche (2001) | 2020 |
| 2 | 7043 | Hugo Santacruz (1988) | 2007 |
| 3 | 6938 | Yves Baur (2002) | 2020 |
| 4 | 6768 | Urs Leuthold (1961) | 1980 |
| 5 | 6393 | Ralph Ott (1961) | 1980 |
| 6 | 6270 | Peter Freimüller (1970) | 1989 |
| 7 | 6211 | Andrin Schneider (1998) | 2017 |
| 8 | 6182 | Lars Widmer (1999) | 2017 |
| 9 | 6031 | Malte Kölle (2001) | 2019 |
| 10 | 5966 | Jeremias Rüegg (1999) | 2018 |

10 km Strasse

| | | | |
|---|---------|------------------------|------|
| 1 | 34:01.2 | Anders Fox (1995) | 2014 |
| 2 | 35:08.9 | Andriu Deplazes (1993) | 2012 |

Halbmarathon

| | | | |
|---|---------|------------------------|------|
| 1 | 1:08:49 | Thomas Benz (1980) | 1999 |
| 2 | 1:15.51 | Andriu Deplazes (1993) | 2012 |