

# Ewige Bestenliste des LAC TV Unterstrass

## Frauen U18

Stand: 28.09.2020

### 50 m

1	7.73	Lena Mathys (1997)	2013
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### 60 m

1	7.89	Catia Gubelmann (2001)	2018
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### 100 m

1	11.99	Marion Speck (1964)	1981
2	12.17	Karin Baumgartner (1964)	1981
3	12.28	Susanne Widmer (1961)	1977
4	12.40	Yvonne Rettig (1963)	1980
5	12.44	Jeannette Ludin (1973)	1990
6	12.66	Jenny Maag (1973)	1990
7	12.68	Sabrina Marruncheddu (1971)	1987
8	12.71	Petra Fontanive (1988)	2005
9	12.81	Kathrin Lüthi (1969)	1985
10	12.84	Monika Fritschi (1962)	1978

### 100 m (handgestoppt)

1	12.9	Evi Wunderlin (1956)	1973
2	13.0	Brigitte Arnold (1956)	1973

### 150 m

1	19.36	Simone Lalor (2001)	2017
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### 200 m

1	24.57	Karin Baumgartner (1964)	1981
2	24.58	Marion Speck (1964)	1980
3	25.32	Susanne Widmer (1961)	1977
4	25.52	Kathrin Lüthi (1969)	1985
5	25.82	Monika Fritschi (1962)	1978
6	25.93	Karin Amweg (1965)	1982
7	25.98	Simone Lalor (2001)	2017
8	26.01	Jeannette Ludin (1973)	1990
9	26.15	Inès Danielle Mbala Abega (1996)	2013
10	26.27	Madeleine Speck (1966)	1982

### 200 m (handgestoppt)

1	26.8	Evi Wunderlin (1956)	1973
2	27.6	Brigitte Arnold (1956)	1973

### 300 m

1	40.55	Simone Lalor (2001)	2017
2	41.10	Kathrin Lüthi (1969)	1986
3	41.18	Karin Amweg (1965)	1982
4	41.94	Cathérine Bäuml (1973)	1990
5	42.52	Marion Speck (1964)	1980
6	42.82	Madeleine Speck (1966)	1982
7	43.02	Atena Giuliani (2003)	2019
8	43.35	Leonie Klett (1996)	2012
9	43.60	Inès Danielle Mbala Abega (1996)	2013
10	43.97	Anja Rüdüsüli (1995)	2012

**400 m**

1	56.06	Kathrin Lüthi (1969)	1986
2	57.36	Marion Speck (1964)	1981
3	57.39	Simone Lalor (2001)	2017
4	57.49	Cathérine Bäumlü (1973)	1990
5	59.76	Aurélié Bollier (1991)	2008
6	59.77	Barbara Schielly (1973)	1990
7	60.08	Kim Wollgast (1992)	2008
8	60.21	Karin Amweg (1965)	1981
9	60.68	Nelly Kuster (1962)	1978
10	60.76	Anja Rüdüsüli (1995)	2011

**600 m**

1	1:36.98	Cathérine Bäumlü (1973)	1990
2	1:37.99	Kathrin Lüthi (1969)	1986
3	1:40.08	Barbara Schielly (1973)	1990
4	1:40.50	Anja Rüdüsüli (1995)	2011
5	1:40.80 (m)	Michèle Wick (1971)	1987
6	1:41.07	Anja Rüdüsüli (1995)	2012
7	1:41.24	Nicole Pfister (1965)	1982
8	1:42.56	Nelly Kuster (1962)	1978
9	1:43.80	Karin Amweg (1965)	1981
10	1:44.40	Nadia Rüsç (1978)	1995

**800 m**

1	2:14.42	Fiammetta Troxler (1996)	2013
2	2:15.75	Lara Alemanni (1998)	2015
3	2:15.80	Louisa Welbergen (1986)	2003
4	2:17.40 (m)	Cathérine Bäumlü (1973)	1990
5	2:17.63	Nicole Pfister (1965)	1981
6	2:18.62	Bianca Mottini (1959)	1976
7	2:19.36	Caitlin Fowlds (1999)	2016
8	2:20.87	Anja Rüdüsüli (1995)	2012
9	2:21.05	Nadia Rüsç (1978)	1995
10	2:21.52	Barbara Schielly (1973)	1990

**1000 m**

1	2:55.98	Louisa Welbergen (1986)	2002
2	2:56.55	Lara Alemanni (1998)	2015
3	2:57.16	Fiammetta Troxler (1996)	2013
4	3:03.67	Anja Rüdüsüli (1995)	2011
5	3:08.52	Aita Ammann (2000)	2016
6	3:13.90	Annegret Kammermann (1979)	1996

**1500 m**

1	4:29.27	Lara Alemanni (1998)	2015
2	4:34.13	Fiammetta Troxler (1996)	2013
3	4:37.94	Louisa Welbergen (1986)	2003
4	4:49.16	Bianca Mottini (1959)	1976
5	4:49.44	Chloé Berli (1991)	2008
6	4:51.45	Aita Ammann (2000)	2017
7	4:55.26	Annegret Kammermann (1979)	1996
8	4:56.11	Caitlin Fowlds (1999)	2016
9	5:03.13	Anja Rüdüsüli (1995)	2011
10	5:03.33	Carla Gwerder (1983)	1999

**2000 m**

1	6:44.83	Aita Ammann (2000)	2017
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### 3000 m

1	9:53.97	Lara Alemanni (1998)	2015
2	9:58.46	Louisa Welbergen (1986)	2003
3	10:17.62	Fiammetta Troxler (1996)	2013
4	10:24.69	Aita Ammann (2000)	2017
5	10:25.36	Chloé Berli (1991)	2008
6	10:49.81	Bianca Mottini (1959)	1976
7	10:56.36	Carla Gwerder (1983)	1999
8	11:13.13	Anna Clay (2000)	2017
9	11:21.10	Sandra Kohler (1969)	1985
10	11:28.58	Petra Keel (1973)	1990

### 100 m Hürden (84 cm)

1	15.17	Claudia Weber (1972)	1989
2	15.19	Karin Amweg (1965)	1982
3	15.29	Petra Fontanive (1988)	2005
4	15.35	Liv Wiemann (1999)	2016
5	15.52	Gillian Nänny (1999)	2016
6	15.64	Jeannette Ludin (1973)	1990
7	15.73	Sirpa Wehri (1975)	1991
8	15.78	Sabine Matter (1970)	1986
9	15.86	Mathilda Maksimovic (1973)	1990
10	16.78	Lara Lehmann (2003)	2020

### 100 m Hürden (76.2 cm)

1	14.23	Petra Fontanive (1988)	2005
2	14.33	Carina Meyer (2002)	2018
3	14.69	Gillian Nänny (1999)	2016
4	14.74	Lara Lehmann (2003)	2020
5	14.88	Liv Wiemann (1999)	2016
6	15.04	Claudia Solenthaler (1979)	1996
7	15.22	Alexa Landolt (1981)	1997
8	15.36	Sabrina Cejka (1980)	1997
9	15.59	Lena Peter (2004)	2020
10	15.80	Melanie Eisenring (1998)	2015

### 300 m Hürden (76.2 cm)

1	43.26	Petra Fontanive (1988)	2005
2	45.97	Claudia Weber (1972)	1989
2	45.97	Melanie Eisenring (1998)	2015
4	46.16	Liv Wiemann (1999)	2015
5	46.20	Gillian Nänny (1999)	2016
6	46.92	Kira Widmer (2002)	2019
7	47.38	Atena Giuliani (2003)	2019
8	47.71	Mathilda Maksimovic (1973)	1989
9	47.77	Kim Wollgast (1992)	2008
10	47.80	Inès Danielle Mbala Abega (1996)	2013

### 400 m Hürden (76.2 cm)

1	66.66	Atena Giuliani (2003)	2019
2	67.21	Kira Widmer (2002)	2018

### Hoch

1	1.72	Layla Schwarz (1981)	1997
2	1.68	Cornelia Hagmann (1977)	1994
3	1.64	Marion Elmer (1960)	1977
4	1.61	Maya Menn (1960)	1977
4	1.61	Sophia Blake (1973)	1990
6	1.60	Michèle Wick (1971)	1987
6	1.60	Susana Blagojevic (1980)	1996
6	1.60	Aurélie Lelong (1988)	2005
9	1.59	Sabrina Cejka (1980)	1997
9	1.59	Carina Meyer (2002)	2018
9	1.59	Lara Lehmann (2003)	2020

**Stab**

1	2.40	Claudia Solenthaler (1979)	1996
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**Weit**

1	5.92	Yvonne Rettig (1963)	1980
2	5.65	Carina Meyer (2002)	2019
3	5.60	Karin Amweg (1965)	1982
4	5.56	Karin Amweg (1965)	1981
5	5.49	Sophia Blake (1973)	1990
6	5.35	Michelle Habegger (2002)	2018
7	5.32	Lara Lehmann (2003)	2020
8	5.28	Marion Speck (1964)	1980
9	5.25	Sabine Matter (1970)	1986
10	5.22	Claudia Weber (1972)	1988

**Drei**

1	10.54	Sabrina Cejka (1980)	1997
2	10.50	Madlaina Arpagaus (1995)	2011
3	10.48	Michelle Habegger (2002)	2019
4	9.40	Flavia Grubenmann (1982)	1999

**Kugel (4 kg)**

1	11.71	Nadja-Marie Pasternack (1996)	2012
2	11.64	Maya Menn (1960)	1977
3	10.95	Regula Bernhard (1985)	2002
4	10.16	Tosca Tiralosi (1999)	2016
5	9.82	Susanne Syz (1962)	1978
6	9.78	Nadine Moor (1973)	1990
7	9.60	Silvia Mattmann (1965)	1981
8	9.32	Manuela Fontanive (1991)	2008
9	9.13	Karin Amweg (1965)	1981
10	8.42	Nora Egli (1992)	2009

**Kugel (3 kg)**

1	13.50	Nadja-Marie Pasternack (1996)	2012
2	12.10	Deborah Pfenninger (1977)	1993
3	11.91	Tosca Tiralosi (1999)	2016
4	11.37	Lara Lehmann (2003)	2020
5	10.95	Vanessa Lo Russo (1991)	2008
6	10.90	Michèle Wick (1971)	1987
7	10.83	Manuela Fontanive (1991)	2008
8	10.64	Rita Schellenberg (1975)	1991
9	10.61	Kira Widmer (2002)	2018
10	10.59	Aurélie Lelong (1988)	2004

**Diskus (1 kg)**

1	39.67	Nadja-Marie Pasternack (1996)	2013
2	35.94	Maya Menn (1960)	1977
3	32.21	Regula Bernhard (1985)	2002
4	29.50	Denise Hagmann (1977)	1994
5	28.05	Petra Fontanive (1988)	2005
6	27.62	Manuela Fontanive (1991)	2008
7	27.30	Monika Schaufelberger (1962)	1978
8	27.15	Martina Fontanive (1986)	2003
9	27.12	Alena Gwerder (1981)	1997
10	26.85	Nicole Vollenweider (1992)	2009

### Hammer (3 kg)

1	30.62	Lena Mathys (1997)	2013
2	27.56	Andrea Thenen (1981)	1997
3	25.04	Alena Gwerder (1981)	1997
4	18.34	Corina Collenberg (1985)	2001
5	15.30	Regula Bernhard (1985)	2001

### Speer (600 g)

1	43.67	Nadja-Marie Pasternack (1996)	2012
2	40.74	Pamela Hatwieger (1973)	1989
3	37.94	Monika Schmid (1963)	1979
4	37.68	Claudia Weber (1972)	1989
5	37.36	Bigna Herold (2001)	2017
6	37.22	Kerstin Suter (1986)	2003
7	36.54	Monika Schaufelberger (1962)	1979
8	35.87	Regula Bernhard (1985)	2001
9	33.50	Deborah Pfenninger (1977)	1994
10	33.20	Silvia Mattmann (1965)	1981

### Speer (500 g)

1	47.62	Nadja-Marie Pasternack (1996)	2013
2	43.34	Bigna Herold (2001)	2018
3	38.89	Tosca Tiralosi (1999)	2016
4	38.22	Lara Lehmann (2003)	2020
5	33.28	Liv Dufner (2004)	2020
6	34.25	Lena Mathys (1997)	2013
7	33.22	Kira Widmer (2002)	2018
8	30.56	Jana Bansac (2004)	2020
9	28.13	Meret Jakob (2003)	2019
10	27.89	Jasmin Ines Belhassen (2002)	2019

### Fünfkampf Jugend A

1	3308	Karin Amweg (1965)	1981
2	3217	Claudia Weber (1972)	1989
3	3056	Kathrin Lüthi (1969)	1985
4	3039	Mathilda Maksimovic (1973)	1990
5	3030	Maya Menn (1960)	1977
6	3029	Silvia Mattmann (1965)	1981
7	2938	Jenny Maag (1973)	1990
8	2874	Sirpa Wehrli (1975)	1991
9	2869	Monika Fritschi (1962)	1978
10	2761	Nadine Moor (1973)	1990

### Siebenkampf U18

1	4568	Lara Lehmann (2003)	2020
2	4370	Claudia Solenthaler (1979)	1996
3	4345	Petra Fontanive (1988)	2005
4	4249	Karin Amweg (1965)	1982
5	4155	Cornelia Hagmann (1977)	1994
6	4153	Sabrina Cejka (1980)	1997
7	4045	Aurélie Bollier (1991)	2007
8	4036	Anne Van de Hurk (1980)	1997
9	4028	Melanie Eisenring (1998)	2015
10	3985	Carina Meyer (2002)	2018

### 10 km Strasse

1	36:04.7	Lara Alemanni (1998)	2015
2	37:51.0	Fiammetta Troxler (1996)	2013
3	38:40.0	Chloé Berli (1991)	2008