

# Ewige Bestenliste des LAC TV Unterstrass

## Männer Aktive

Stand: 04.03.2024

### 60 m

1	7.24	Martin Fuchs (1999)	2018
2	7.33	Michael Stricker (1997)	2023
3	7.39	David Markovic (1996)	2019
4	7.47	Adrian Ulrich (1997)	2017
5	7.83	Christoph Bausch (1984)	2008

### 80 m

1	10.10	Christoph Bausch (1984)	2008
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### 100 m

1	10.30	David Dollé (1969)	1998
2	10.50	Urs Gisler (1956)	1980
3	10.54	Beat Schweingruber (1950)	1974
4	10.60	Ari Bragi Káráson (1989)	2017
4	10.60	Martin Fuchs (1999)	2022
6	10.63	Hansjörg Ziegler (1954)	1975
7	10.68	Markus Ineichen (1973)	1991
8	10.69	Mattia Dora (2001)	2022
9	10.75	Roger Kernbach (1970)	1992
10	10.76	Daniel Rentsch (1967)	1988
10	10.76	Reto Jelinek (1966)	1992

### 100 m (handgestoppt)

1	10.2	Philippe Clerc (????)	1970
2	10.3	Max Barandun (????)	1980
3	10.4	Hansjörg Ziegler (1954)	1975
3	10.4	Gerold Curti (1952)	1976
5	10.5	Sebald Schnellmann (????)	1960
5	10.5	Heinz Müller (????)	1961
5	10.5	Jean Louis Descloux (????)	1962
5	10.5	Bruno Hiestand (????)	1968
5	10.5	Jules Jost (1942)	1968
5	10.5	Beat Schweingruber (1950)	1974

### 150 m

1	15.92	Martin Fuchs (1999)	2022
2	16.01	Mattia Dora (2001)	2020
3	16.20	Ralf Kurath (1996)	2023
4	16.53	Johannes Wagner (1987)	2016
5	16.80	Hariharan Roy Rasiah (1998)	2023
6	16.86	Michael Stricker (1997)	2023
7	17.17	Michele Marticke (1996)	2021
8	17.29	David Markovic (1996)	2021
9	17.48	Lou Weder (1990)	2015
10	17.55	Lars Widmer (1999)	2018

## 200 m

1	20.69	Urs Gisler (1956)	1980
2	20.72	David Dollé (1969)	1998
3	21.11	Beat Schweingruber (1950)	1974
4	21.14	Markus Ineichen (1973)	1992
5	21.15	Reto Jelinek (1966)	1992
6	21.18	Martin Fuchs (1999)	2021
7	21.30	Ari Bragi Kárason (1989)	2017
8	21.31	Hansjörg Ziegler (1954)	1975
9	21.48	Gerold Curti (1952)	1975
10	21.59	Ralf Kurath (1996)	2023

## 200 m (handgestoppt)

1	20.9	Philippe Clerc (????)	1970
2	21.0	Hansjörg Ziegler (1954)	1975
3	21.1	Gerold Curti (1952)	1974
4	21.2	Sebald Schnellmann (????)	1960
4	21.2	Jean Louis Descloux (????)	1962
4	21.2	Beat Schweingruber (1950)	1975
7	21.4	Bruno Hiestand (????)	1969
7	21.4	Jules Jost (1942)	1970
9	21.6	René Weber (????)	1955
9	21.6	Gerold Borer (????)	1971

## 300 m

1	33.1 (m)	Beat Schweingruber (1950)	1974
2	33.28	Reto Jelinek (1966)	1993
3	33.45	Gerold Curti (1952)	1976
4	33.67	Urs Gisler (1956)	1981
5	33.97	Ralf Kurath (1996)	2023
6	34.06	Martin Fuchs (1999)	2022
7	34.25	Daniel Rentsch (1967)	1988
8	34.49	Johannes Wagner (1987)	2016
9	34.51	Immo Noack (1955)	1976
10	34.75	Urs Gisler (1956)	1983

## 400 m

1	46.21	Reto Jelinek (1966)	1991
2	47.10	Gerold Curti (1952)	1975
3	47.3 (m)	Philippe Clerc (????)	1970
4	47.50	Martin Fuchs (1999)	2022
5	47.69	Ralf Kurath (1996)	2023
6	47.7 (m)	Bruno Galliker (????)	1960
7	47.71	Martin Aschwanden (1956)	1976
8	47.78	Johannes Wagner (1987)	2014
9	48.0 (m)	René Weber (????)	1955
10	48.13	Urs Gisler (1956)	1980

## 600 m

1	1:17.97	Gert Kilbert (1965)	1985
2	1:18.22	Hisham Mansour (1961)	1982
3	1:18.25	Beat Schneider (1953)	1982
4	1:18.35	Sébastien Wschiansky (1962)	1985
5	1:18.89	Martin Aschwanden (1956)	1976
5	1:18.89	Gerold Curti (1952)	1976
5	1:18.89	Reto Jelinek (1966)	1990
8	1:19.28	Vladimir Bolliger (1971)	1989
9	1:19.50	Adrian Wäckerli (1964)	1985
10	1:19.63	Bertin Zimmermann (1965)	1991

## 800 m

1	1:45.46	Gert Kilbert (1965)	1987
2	1:47.65	Sébastien Wschiansky (1962)	1985
3	1:48.48	Beat Schneider (1953)	1978
4	1:48.6 (m)	Werner Meier (1949)	1974
5	1:49.1 (m)	Martin Aschwanden (1956)	1975
6	1:49.14	Michael Bruggmann (1969)	1991
7	1:49.41	Hisham Mansour (1961)	1982
8	1:49.62	Philippe Bandi (1970)	1992
9	1:49.76	Adrian Wäckerli (1964)	1985
10	1:49.79	Igor Costa (????)	1988

## 1000 m

1	2:22.23	Gert Kilbert (1965)	1983
2	2:22.28	Beat Schneider (1953)	1982
3	2:23.03	Sébastien Wschiansky (1962)	1983
4	2:23.34	Michael Bruggmann (1969)	1991
5	2:24.06	Philippe Bandi (1970)	1991
6	2:24.4 (m)	Werner Meier (1949)	1975
7	2:25.09	Andreas Schmid (1965)	1986
8	2:25.11	Christof Strässle (1959)	1986
9	2:25.14	Nicolas Bocherens (1989)	2014
10	2:25.3 (m)	Hanspeter Wehrli (1948)	1973

## 1500 m

1	3:39.2 (m)	Werner Meier (1949)	1973
2	3:42.16	Philippe Bandi (1970)	1992
3	3:43.2 (m)	Rolf Jelinek (????)	1964
4	3:43.42	Hans Lang (1946)	1975
5	3:43.52	Gert Kilbert (1965)	1985
6	3:44.64	Sébastien Wschiansky (1962)	1985
7	3:45.9 (m)	Hanspeter Wehrli (1948)	1974
8	3:46.15	Oliver Birchmeier (1963)	1987
9	3:46.6 (m)	Hugo Wey (1954)	1978
10	3:46.86	Andreas Schmid (1965)	1988

## 1 Meile

1	4:00.45	Sébastien Wschiansky (1962)	1985
2	4:15.59	Peter Hostettler (1962)	1983
3	4:41.99	Marco Engeler (1993)	2014
4	5:54.71	Beat Blättler (1976)	2023

## 2000 m

1	5:07.6 (m)	Werner Meier (1949)	1974
2	5:16.4 (m)	Hanspeter Wehrli (1948)	1976
3	5:17.4 (m)	Hugo Wey (1954)	1976
4	5:29.63	Albert Kuhn (1955)	1977
5	6:00.44	Marco Engeler (1993)	2014
6	6:02.88	Seare Weldezghi (1996)	2019
7	6:03.67	Robin Oberholzer (2000)	2019

## 3000 m

1	7:48.8 (m)	Werner Meier (1949)	1975
2	8:02.76	Geoffrey Tanui (1969)	1998
3	8:04.8 (m)	Hans Menet (1940)	1972
4	8:05.8 (m)	Hans Lang (1946)	1973
5	8:07.39	Hugo Wey (1954)	1977
6	8:08.2 (m)	Hanspeter Wehrli (1948)	1974
7	8:09.0 (m)	Walter Huss (????)	1968
8	8:12.96	Albert Kuhn (1955)	1982
9	8:14.57	Seare Weldezghi (1996)	2023
10	8:15.26	Geoffrey Tanui (1969)	1997

## 5000 m

1	13:35.04	Werner Meier (1949)	1975
2	13:44.04	Geoffrey Tanui (1969)	1998
3	13:55.8 (m)	Hans Lang (1946)	1972
4	13:58.32	Markus Graf (1961)	1994
5	14:01.24	Mike Tanui (1978)	2002
6	14:03.2 (m)	Hans Menet (1940)	1970
7	14:09.2 (m)	Rolf Bandi (????)	1969
8	14:11.0 (m)	Walter Huss (????)	1967
9	14:12.6 (m)	Hanspeter Wehrli (1948)	1976
10	14:18.76	Martin Schmid (1960)	1984

## 10000 m

1	28:49.30	Markus Graf (1961)	1994
2	29:01.03	Geoffrey Tanui (1969)	1999
3	29:11.4 (m)	Werner Meier (1949)	1974
4	29:15.8 (m)	Hans Menet (1940)	1973
5	29:17.2 (m)	Walter Huss (????)	1968
6	29:34.4 (m)	Fritz Schneider (1946)	1974
7	29:43.33	Seare Weldezghi (1996)	2022
8	29:50.43	Peter Gschwend (1952)	1988
9	29:50.76	Adugna Lema (1958)	1993
10	29:55.09	Armin Krebs (1966)	1993

## 110 m Hürden (106.7 cm)

1	14.14	Ryan Nigel Wright (2002)	2023
2	14.34	Ted Zakolskielny (1958)	1985
3	14.69	Raphael Holdener (1994)	2023
4	14.70	Beat Glogger (1960)	1982
5	14.93	Marius Guirard (1962)	1987
5	14.93	Daniel Malach (2000)	2023
7	14.94	Patrick Ott (1979)	2001
8	14.96	Ronald Bärtsch (1950)	1978
9	15.04	Massimo Balestra (1965)	1993
10	15.14	Wolfgang Ebner (1976)	1998

### 110 m Hürden (106.7 cm) (handgestoppt)

1	14.1	Alex Ringli (????)	1972
2	14.5	Hanspeter Kuhn (1942)	1968
3	14.6	Jörg Schaad (1943)	1965
3	14.6	Giorgio Margaroli (????)	1972
5	14.9	Ronald Bärtsch (1950)	1973
6	15.0	Kurt Hunziker (????)	1961
7	16.8	Andreas Gygli (1954)	1973

### 200 m Hürden (76.2 cm)

1	27.32	Matthias Studiger (1997)	2023
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### 300 m Hürden (91.4 cm)

1	36.81	Lars Widmer (1999)	2023
2	37.68	Michele Marticke (1996)	2022
3	39.69	Johannes Goedejohann (1993)	2014
4	40.34	Lorenzo Bocchio (2002)	2022
5	40.41	Patrick Pfändler (1991)	2021
6	41.19	Luca Bosetti (1992)	2018
7	41.36	Stefan Baumann (2000)	2018
8	43.41	Björn Müller (1999)	2018
9	44.80	Torben Kölle (1997)	2017

### 400 m Hürden (91.4 cm)

1	50.90	Massimo Balestra (1965)	1993
2	51.0 (m)	Bruno Galliker (????)	1960
3	52.00	Lars Widmer (1999)	2023
4	52.33	Michele Marticke (1996)	2022
5	52.69	Markus Feldmann (1960)	1981
6	52.87	Patrick Ott (1979)	2001
7	53.0 (m)	Fritz Vock (????)	1960
8	53.18	Stefan Meier (1965)	1989
9	53.26	Gerold Curti (1952)	1976
10	53.5 (m)	Herbert Schmid (1946)	1973

### 2000 m Steeple

1	6:30.40	Andriu Deplazes (1993)	2011
2	6:31.47	Thomas Kuhn (1961)	1979
3	6:34.4 (m)	Kurt Ammann (1955)	1974

### 3000 m Steeple

1	8:26.00	Hanspeter Wehrli (1948)	1974
2	8:34.2 (m)	Hans Menet (1940)	1970
3	8:49.71	Albert Kuhn (1955)	1981
4	8:50.78	Peter Durisch (1960)	1985
5	8:55.01	Armin Krebs (1966)	1994
6	8:55.44	Beat Ammann (1965)	1992
7	8:59.99	Andreas Schmid (1965)	1984
8	9:00.6 (m)	Fritz Schneider (1946)	1974
9	9:02.4 (m)	Walter Kammermann (????)	1960
10	9:07.4 (m)	Heinz Schild (????)	1965

## Hoch

1	2.08	Wolfgang Ebner (1976)	1996
2	2.07	Manfred Lüdi (1970)	1991
3	2.06	Roger Steger (1961)	1979
4	2.05	Steivan Pitsch (1978)	2004
4	2.05	Alberto Masera (2000)	2023
6	2.01	Jürg Gubler (1962)	1982
6	2.01	Jan Mitsche (2001)	2020
8	2.00	Urs Leuthold (1961)	1980
8	2.00	Markus Ruffner (1953)	1981
10	1.98	Christian Lochau (1960)	1984

## Stab

1	5.30	Markus Lübbers (1971)	1992
2	4.70	Alfons Nösberger (1942)	1970
2	4.70	Daniel Malach (2000)	2023
4	4.60	Fritz Siegrist (????)	1965
4	4.60	Markus Keller (1967)	1992
6	4.40	Wouter Greuell (1959)	1990
6	4.40	Thomès Radim (????)	1990
8	4.30	Fritz Eberle (????)	1970
8	4.30	Josef Benz (1944)	1973
8	4.30	Markus Engler (1950)	1976
8	4.30	Urs Leuthold (1961)	1982
8	4.30	Ayguen Tayfun (1951)	1985
8	4.30	Hugo Santacruz (1988)	2007

## Weit

1	7.81	Wolfgang Ebner (1976)	2003
2	7.68	Cyrill Kernbach (2003)	2022
3	7.40	Mattia Dora (2001)	2023
4	7.22	Walter Esposito (1972)	1995
5	7.17	Willi Jaus (????)	1962
6	7.16	Daniel Malach (2000)	2023
7	7.15	Christophe Petit (1971)	2002
8	7.12	Christoph Lauchenauer (????)	1965
8	7.12	Eduard Christen (1966)	1993
10	7.11	Thomas Telle (1962)	1983

## Drei

1	15.41	Wolfgang Ebner (1976)	1998
2	14.72	Marcel Hürlimann (1940)	1972
3	14.57	Marco Lardi (1943)	1975
4	14.49	Walter Esposito (1972)	1996
5	14.09	Vincent Zambelli (????)	1972
6	14.02	Roger Schibli (1968)	1988
7	13.95	Georg Klaus (1952)	1982
8	13.91	Daniel Delfosse (1960)	1985
9	13.90	Marc Zenklusen (1977)	1996
10	13.87	Christophe Petit (1971)	2001

### Kugel (7.26 kg)

1	16.32	Armin Berner (1937)	1968
2	15.78	Alfred Grossenbacher (1959)	1987
3	15.75	Max Rüegg (1956)	1977
4	15.51	David Meier (1981)	2007
5	14.96	Peter Schärer (1943)	1967
6	14.58	Thomas Bisig (1958)	1991
7	14.43	Roman Suchinski (1961)	1986
7	14.43	Urs Salzmann (1967)	1994
9	14.34	Terry Mc Hugh (1963)	1996
10	14.32	Tom Reuter (1990)	2014

### Kugel (5 kg)

1	15.24	Jeremias Rüegg (1999)	2023
2	14.81	Andrin Schneider (1998)	2019
3	13.82	Malte Kölle (2001)	2023
4	13.46	Lars Widmer (1999)	2019
5	12.96	Leandro Gimmi (1998)	2019
6	12.87	Martin Fuchs (1999)	2019
7	11.55	Mattia Dora (2001)	2023
8	11.39	Linus Bernhard (2000)	2023
9	10.87	Elias Kuratli (1997)	2019
10	9.91	Björn Müller (1999)	2019

### Diskus (2 kg)

1	48.94	Thomas Bisig (1968)	1991
2	48.06	Alfred Grossenbacher (1959)	1987
3	47.47	Oliver Heck (2002)	2024
4	46.16	Willy Rellstab (1941)	1975
5	44.68	Gregor Bättig (1977)	2004
6	44.66	Peter Schärer (1943)	1969
7	44.57	Roman Glaus (????)	1966
8	44.50	Martin Roth (1957)	1984
9	44.18	Erich Schärer (1947)	1979
10	44.14	Sascha Merchetto (1973)	1998

### Hammer (7.26 kg)

1	64.46	Ernst Ammann (????)	1965
2	57.98	Martin Roth (1957)	1984
3	57.76	Edward Healey (1954)	1996
4	57.71	Screro Diminic (????)	1969
5	51.56	Laci Dokler (????)	1963
6	49.93	Jürg Kaufmann (1944)	1967
7	47.40	Willy Rellstab (1941)	1974
8	46.42	Roland Roth (1958)	1988
9	42.62	Ernst Roth (1934)	1984
10	41.32	Remond Aste (????)	1965

## **Speer (800 g)**

1	81.22	Terry McHugh (1963)	2000
2	80.42	Rolf Bühler (????)	1968
3	76.22	Roman Suchinski (1961)	1985
4	75.92	Alfred Grossenbacher (1959)	1987
5	72.90	Tom Reuter (1990)	2019
6	69.98	Piotr Zubrzicky (1961)	1985
7	69.84	Jiri Cettl (1958)	1980
8	68.68	Kurt Bigler (1949)	1977
9	63.78	Pascal Waser (2000)	2020
10	62.34	Daniel Malach (2000)	2023

## **Zehnkampf**

1	7526	Daniel Malach (2000)	2023
2	7105	Wolfgang Ebner (1976)	1998
3	6863	Markus Engler (1950)	1974
4	6796	Leif Bernhard (2003)	2023
5	6768	Urs Leuthold (1961)	1980
6	6766	Hugo Santacruz (1988)	2010
7	6759	Raphael Holdener (1994)	2023
8	6731	Yves Baur (2002)	2023
9	6723	Hanspeter Kuhn (1942)	1965
10	6709	Ronald Bärtsch (1950)	1973

## **10 km Strasse**

1	29:38.9	Michael Ott (1982)	2013
2	30:13.0	Sven Riederer (1981)	2008
3	30:28.8	Ruedi Wild (1982)	2012
4	31:44.4	Mosbah Lagah (1985)	2013
5	31:54.3	Thomas Benz (1980)	2003
6	32:02.0	Patrick Rhyner (1989)	2012
7	32:13.2	Michael Lobsinger (1981)	2006
8	32:14.4	Martin Kjäll-Ohlsson (1978)	2004
9	32:26.0	Nicolas Bocherens (1989)	2012
10	32:37.4	Philipp Weber (1976)	2015

## **25 km Strasse**

1	1:17.42	Peter Gschwend (1952)	1988
2	1:23:10	Werner Meier (1949)	1986

## **Halbmarathon**

1	1:03:50	Geoffrey Tanui (1969)	1999
2	1:04:56	Markus Graf (1961)	1995
3	1:05:39	Peter Gschwend (1952)	1993
4	1:05:44	Michael Ott (1982)	2012
5	1:05:50	Adebe Woldei (1961)	1996
6	1:06:20	Adugna Lema (1958)	1993
7	1:06:28	Christian Roos (1968)	1994
8	1:06:42	Kjeld Dissing (1959)	1994
9	1:06:57	Matthias Bachmann (1967)	1995
10	1:07:07	Andy Feitknecht (1967)	1993



## Marathon

1	2:14:50	Werner Meier (1949)	1984
2	2:15:57	Peter Gschwend (1952)	1987
3	2:16:46	Hugo Wey (1954)	1980
4	2:16:53	Michael Ott (1982)	2013
5	2:17:43	Matthias Bachmann (1967)	1996
6	2:17:46	Markus Graf (1961)	1995
7	2:19:02	Christian Zwicky (1966)	1996
8	2:22:05	Kjeld Dissing (1959)	1994
9	2:23:05	Bruno Lafranchi (1955)	1992
10	2:23:17	Eugen Schilter (1951)	1975