

Ewige Bestenliste des LAC TV Unterstrass

Männer U12

Stand: 04.03.2024

60 m

1	8.32	Cyrill Kernbach (2003)	2014
2	8.33	Ailo Dufner (2012)	2023
3	8.59	Ashik Begum (2007)	2018
4	8.76	Cyril Graf (1996)	2007
5	8.79	Joel Folly (2011)	2021
6	8.82	Elio von Flüe (2008)	2019
7	8.95	Lars Widmer (1999)	2010
8	8.96	Silvan Caduff (1996)	2007
8	8.96	Raffael Fresia (2005)	2016
10	9.00	Alex Ngwenya (2008)	2019

80 m (handgestoppt)

1	11.1	Reto Jelinek (1966)	1977
1	11.1	Adrian Luder (1968)	1979
1	11.1	Marcel Kunz (1971)	1982
4	11.4	Cyrill Lüscher (1964)	1975
4	11.4	Marc Straumann (1964)	1975

300 m

1	48.48	Adrian Luder (1968)	1979
2	49.72	Christoph Lüscher (1966)	1977
3	51.0 (m)	Cyrill Lüscher (1964)	1975
4	51.32	Christoph Weber (1966)	1977
5	52.68	Erwin Nell (1966)	1977
6	53.48	Thomas Graf (1966)	1977
7	55.2 (m)	Andreas Merz (1964)	1975
8	56.0 (m)	Roland Tell (1964)	1975

600 m

1	1:47.40	Janis Bürge (2006)	2017
2	1:48.65	Elio von Flüe (2008)	2019
3	1:49.58	Lars Widmer (1999)	2010
4	1:50.27	Enno Hoffmann (2008)	2019
5	1:52.28	Malte Kölle (2001)	2012
6	1:54.21	Bjarne Kölle (1999)	2010
7	1:54.23	Raffael Guye (2009)	2020
8	1:54.55	Nils Braun (2005)	2015
9	1:56.20	Sven Kehrle (2005)	2016
10	1:56.50	Benjamin Hofer-Girsberger (2005)	2015

1000 m

1	3:10.17	Elio von Flüe (2008)	2019
2	3:11.42	Jonas Raess (1994)	2004
3	3:17.34	Nils Braun (2005)	2015
4	3:19.93	Bjarne Kölle (1999)	2010
5	3:20.20	Daniel Nösberger (1970)	1981
6	3:21.11	Lars Widmer (1999)	2009
7	3:21.15	Malte Kölle (2001)	2012
8	3:22.02	Eric Berger (2006)	2017
9	3:23.63	Marcel Jenny (1969)	1980
10	3:23.76	Benjamin Hofer-Girsberger (2005)	2016

2000 m

1	7:09.21	Bjarne Kölle (1999)	2010
2	7:19.36	Robert Krebs (1980)	1991
3	7:27.79	Kâmil Güzelgün (2000)	2011
4	7:31.61	Malte Kölle (2001)	2012
5	7:34.71	Fabian Güzelgün (2003)	2014
6	7:40.08	Quentin von Virág (2011)	2021
7	7:47.37	Raffael Guye (2009)	2019
8	7:55.09	Nils Braun (2005)	2016
9	7:57.85	Dominik Rohner (2001)	2011
10	8:21.91	Nik Mathys (2000)	2011

3000 m

1	10:29.68	Jonas Raess (1994)	2004
2	10:31.70	Matthias Barth (1994)	2005
3	11:24.78	Michael Kleffel (1983)	1994

60 m Hürden (68.8 cm)

1	10.81	Lars Widmer (1999)	2010
2	10.92	Ailo Dufner (2012)	2022
3	11.04	Joel Folly (2011)	2022
4	11.20	Elio von Flüe (2008)	2018
5	11.22	Sven Kehrlé (2005)	2016
6	11.41	Elia Geiger (1999)	2010
7	11.42	Ashik Begum (2007)	2018
8	11.43	Malte Kölle (2001)	2012
9	11.46	Fabio Picciati (2001)	2012
10	11.51	Nik Mathys (2000)	2011

60 m Hürden (76.2 cm)

1	11.30	Lars Widmer (1999)	2009
2	12.53	Christoph Weber (1966)	1977
3	12.65	Christoph Lüscher (1966)	1977
4	12.69	Joel Folly (2011)	2021
5	12.85	Erwin Nell (1966)	1977
6	13.05	Linus Roy (2010)	2021
7	13.08	Oliver Guye (2011)	2021
8	13.56	Leandro Gimmi (1998)	2009
9	14.24	Janic Schweizer (1997)	2008
10	14.77	Jan Ochsenbein (2010)	2021

60 m Hürden (? cm) (handgestoppt)

1	12.9	Thomas Hug (1963)	1974
2	13.4	Markus Merz (1963)	1974
3	13.6	Andreas Merz (1964)	1975

Hoch

1	1.37	Ailo Dufner (2012)	2023
2	1.35	Lars Widmer (1999)	2010
2	1.35	Nik Mathys (2000)	2011
2	1.35	Malte Kölle (2001)	2012
2	1.35	Alex Ngwenya (2008)	2019
6	1.34	Linus Roy (2010)	2021
7	1.32	Enno Hoffmann (2008)	2019
8	1.30	Christoph Weber (1966)	1977
8	1.30	Heini Galliker (1966)	1977
10	1.26	Etienne Kisling (2012)	2023

Weit

1	5.37	Cyrill Kernbach (2003)	2014
2	5.07	Ailo Dufner (2012)	2023
3	4.70	Marcel Kunz (1971)	1982
4	4.68	Lars Widmer (1999)	2010
5	4.51	Joel Folly (2011)	2022
6	4.50	Ashik Begum (2007)	2018
7	4.47	William Olsson (2005)	2016
8	4.43	Fabio Picciati (2001)	2012
8	4.43	Elio von Flüe (2008)	2018
9	4.42	Adrian Luder (1968)	1979
10	4.38	Thomas Hug (1963)	1974
10	4.38	Raffael Fresia (2005)	2016

Kugel (3 kg)

1	9.63	Cyrill Lüscher (1964)	1975
2	8.33	Ivan Anton (1970)	1981
3	7.52	Roger Henchoz (1969)	1980
4	7.25	Mayo Bucher (1963)	1974
5	7.25	Ronny Mock (1965)	1976
6	6.66	Carlo Caprini (1967)	1978

Kugel (2.5 kg)

1	9.05	Malte Kölle (2001)	2012
2	8.79	Cyrill Kernbach (2003)	2014
3	8.73	Ailo Dufner (2012)	2023
4	7.75	Nik Mathys (2000)	2011
5	7.58	Manuel Weber (1998)	2008
6	7.45	Alex Ngwenya (2008)	2019
7	7.39	Lars Widmer (1999)	2010
8	7.34	Liam Müller (2002)	2013
9	7.31	Andri Capaul (2008)	2019
10	7.30	Fabio Picciati (2001)	2011

Drehwurf

1	28.01	Ailo Dufner (2012)	2023
2	22.50	Victor Keller (2012)	2023
3	21.10	Etienne Kissling (2012)	2023
4	18.89	Joel Folly (2011)	2021
5	17.72	Jan Ochsenbein (2010)	2021
6	17.45	Theo Baur (2012)	2023
7	17.33	Ferdinand Stierli (2013)	2023
8	16.48	Linus Roy (2010)	2021
9	16.31	Raphael Reinle (2010)	2021
10	15.93	Shon Schauwecker (2012)	2022

Diskus (0.75 kg)

1	19.48	Malte Kölle (2001)	2012
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Speer (600 g)

1	24.76	Adrian Luder (1968)	1979
2	21.68	Robert Böni (1972)	1982

Speer (400 g)

1	30.30	Nik Mathys (2000)	2011
2	28.46	Robert Krebs (1980)	1991
3	19.99	Dominik Rohner (2001)	2012

Ball (80 g)

1	54.54	Jürg Neuenschwander (1967)	1978
2	53.08	Cyrill Lüscher (1964)	1975
3	48.00	Andreas Bögli (1967)	1978
4	43.78	Christian Metzger (1968)	1979

Ball (200 g)

1	50.34	This Stocker (1982)	1993
2	49.18	Cyrill Kernbach (2003)	2014
3	46.86	Ailo Dufner (2012)	2023
4	45.59	Nik Mathys (2000)	2010
5	45.00	Manuel Weber (1998)	2009
6	44.76	Fabio Picciati (2001)	2012
7	44.56	Lorenz Stocker (1983)	1994
8	43.03	Liam Müller (2002)	2013
9	42.96	Lars Widmer (1999)	2010
10	42.28	Christoph Wolfensberger (1984)	1995

Vierkampf (Schüler B)

1	260	Marcel Kunz (1971)	1982
2	242	Daniel Nösberger (1970)	1981

Athletic Cup/Kids-Cup

1	1739	Cyrill Kernbach (2003)	2014
2	1701	Ailo Dufner (2012)	2023
3	1434	Lars Widmer (1999)	2010
4	1389	Ashik Begum (2007)	2018
5	1371	Raffael Fresia (2005)	2016
6	1357	Alex Ngwenya (2008)	2019
7	1348	Elio von Flüe (2008)	2019
8	1327	Fabio Picciati (2001)	2012
9	1322	Joel Folly (2011)	2022
10	1287	Liam Müller (2002)	2013