

Ewige Bestenliste des LAC TV Unterstrass

Männer U20

Stand: 04.03.2024

60 m

1	7.24	Martin Fuchs (1999)	2018
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100 m

1	10.68	Markus Ineichen (1973)	1991
2	10.77	Mattia Dora (2001)	2020
3	10.85	Roger Kernbach (1970)	1989
4	10.89	Marcel Renevey (1973)	1992
5	10.97	Tim Federspiel (2004)	2023
6	10.99	Daniel Balsiger (1963)	1981
7	11.05	Jan Mitsche (2001)	2020
8	11.06	Reto Jelinek (1966)	1985
9	11.11	Martin Fuchs (1999)	2017
10	11.14	Daniel Rentsch (1967)	1986

100 m (handgestoppt)

1	10.7	Peter Trottmann (1955)	1974
2	10.8	Albert Schnüriger (1956)	1975
3	11.0	Ernst Maag (1956)	1975
4	11.2	André Mosimann (1955)	1974
4	11.2	Ruedi Gurtner (1957)	1976

150 m

1	16.01	Mattia Dora (2001)	2020
2	17.03	Martin Fuchs (1999)	2018
3	17.55	Lars Widmer (1999)	2018

200 m

1	21.14	Markus Ineichen (1973)	1991
2	21.69	Mattia Dora (2001)	2020
3	22.06	Roger Kernbach (1970)	1989
4	22.10	Reto Jelinek (1966)	1985
5	22.23	Daniel Rentsch (1967)	1986
6	22.34	Urs Blattmann (1972)	1991
7	22.37	Beat Glogger (1960)	1979
8	22.42	Daniel Balsiger (1963)	1981
9	22.46	Alex Dübendorfer (1968)	1986
10	22.48	Vladimir Bolliger (1971)	1989

200 m (handgestoppt)

1	22.4	Martin Aschwanden (1956)	1975
2	23.0	Ernst Maag (1956)	1975

300 m

1	34.98	Hugo Santacruz (1988)	2007
2	35.65	Yannick Schaufelberger (1995)	2014
3	35.7 (m)	Peter Trottmann (1955)	1974
4	35.93	Estiben Vasquez (1993)	2011
5	36.00	Lars Widmer (1999)	2018
6	36.37	Martin Fuchs (1999)	2018
7	36.41	Lukas Ryffel (1992)	2011
8	36.5 (m)	Ernst Maag (1956)	1975
9	36.5 (m)	Jeannot Diem (1956)	1975
10	36.52	Ali Al-Kenani (1994)	2012

400 m

1	47.7 (m)	Martin Aschwanden (1956)	1975
2	48.20	Reto Jelinek (1966)	1985
3	48.52	Vladimir Bolliger (1971)	1989
4	48.9 (m)	Albert Schnüriger (1956)	1975
5	48.95	Yves Baur (2002)	2020
6	49.11	Gert Kilbert (1965)	1984
7	49.20	Hugo Santacruz (1988)	2007
8	49.23	Stefan Meier (1965)	1984
9	49.39	Andreas Huber (1964)	1983
10	49.83	Ali Al-Kenani (1994)	2012

600 m

1	1:19.28	Vladimir Bolliger (1971)	1989
2	1:19.63	Martin Aschwanden (1956)	1974
3	1:20.27	Gert Kilbert (1965)	1983
4	1:20.60	Adrian Wäckerlin (1964)	1983
5	1:21.98	Roger Gschwend (1976)	1995
6	1:22.51	Ernst Tanner (1965)	1984
7	1:22.77	Andreas Huber (1964)	1983
8	1:24.00	Olivier Birchmeier (1963)	1982
9	1:26.09	Lukas Ryffel (1992)	2011
10	1:26.83	Björn Müller (1999)	2018

800 m

1	1:47.97	Gert Kilbert (1965)	1984
2	1:49.1 (m)	Martin Aschwanden (1956)	1975
3	1:49.93	Vladimir Bolliger (1971)	1989
4	1:50.93	Adrian Wäckerlin (1964)	1983
5	1:53.06	Philippe Bandi (1970)	1989
6	1:53.53	Roger Gschwend (1976)	1995
7	1:54.2 (m)	Hisham Mansour (1961)	1980
8	1:54.53	Ernst Tanner (1965)	1983
9	1:56.22	Olivier Birchmeier (1963)	1982
10	1:56.33	Michael Bruggmann (1969)	1988

1000 m

1	2:22.23	Gert Kilbert (1965)	1983
2	2:28.03	Peter Gschwend (1976)	1995
3	2:28.95	Adrian Wäckerlin (1964)	1983
4	2:30.5 (m)	Martin Aschwanden (1956)	1974
5	2:32.77	Hisham Mansour (1961)	1980
6	2:33.33	Ernst Tanner (1965)	1984
7	2:33.94	Hanspeter Jutz (1958)	1977
8	2:34.09	Thomas Benz (1980)	1999
9	2:35.9 (m)	Albert Kuhn (1955)	1974
10	2:38.1 (m)	Peter Trottmann (1955)	1974

1500 m

1	3:52.67	Philippe Bandi (1970)	1989
2	3:54.66	Olivier Birchmeier (1963)	1982
3	3:57.46	Adrian Wäckerlin (1964)	1983
4	3:57.48	Gert Kilbert (1965)	1983
5	4:00.49	Olivier Zihlmann (1982)	2001
6	4:00.63	Daniel Streuli (1984)	2003
7	4:01.48	Michael Gassmann (1966)	1985
8	4:01.9 (m)	Martin Aschwanden (1956)	1975
9	4:02.20	Michael Bruggmann (1969)	1988
10	4:02.43	Thomas Benz (1980)	1999

2000 m

1	6:03.67	Robin Oberholzer (2000)	2019
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3000 m

1	8:32.77	Thomas Benz (1980)	1999
2	8:48.14	Michael Gassmann (1966)	1984
3	8:54.54	Olivier Zihlmann (1982)	2001
4	8:59.2 (m)	Albert Kuhn (1955)	1974
5	8:59.30	Vladimir Bolliger (1971)	1989
6	9:02.46	Michael Bruggmann (1969)	1988
7	9:05.42	Sven Riederer (1981)	2000
8	9:09.46	Philippe Bandi (1970)	1989
9	9:09.80	Thomas Kuhn (1961)	1980
10	9:10.36	Markus Habermann (1962)	1980

5000 m

1	14:47.04	Thomas Benz (1980)	1999
2	15:28.48	Jonas Raess (1994)	2012
3	15:34.24	Olivier Zihlmann (1982)	2001
4	15:48.57	Andriu Deplazes (1993)	2012
5	15:49.4 (m)	Albert Kuhn (1955)	1974
6	16:28.74	Thomas Kuhn (1961)	1980
7	16:33.4 (m)	Beat Eberhard (1954)	1973
8	17:00.4 (m)	Martin Bracher (1957)	1976

110 m Hürden (107.6 cm)

1	14.98	Beat Glogger (1960)	1979
2	15.39	Adrian Luder (1968)	1986
3	15.53	Urs Leuthold (1961)	1980
4	15.70	Daniel Rentsch (1967)	1986
5	15.86	Markus Feldmann (1960)	1979
5	15.86	Gerard Horan (1962)	1981
7	15.95	Thomas Leupin (1965)	1983
8	16.05	Ralph Ott (1961)	1980
9	16.07	Andreas Huber (1964)	1983
10	16.16	Lars Widmer (1999)	2018

110 m Hürden (107.6 cm) (handgestoppt)

1	16.8	Andreas Gygli (1954)	1973
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110 m Hürden (99.1 cm)

1	14.20	Jan Mitsche (2001)	2020
2	14.59	Yves Baur (2002)	2020
3	14.82	Hugo Santacruz (1988)	2007
4	15.07	Patrick Ott (1979)	1998
5	15.10	Tim Federspiel (2004)	2023
6	15.34	Aris Spillmann (2003)	2022
7	15.61	Lars Widmer (1999)	2018
8	15.67	Liam Müller (2002)	2020
9	15.68	This Stocker (1982)	2001
19	15.78	Leif Bernhard (2003)	2022

300 m Hürden (91.4 cm)

1	39.05	Lars Widmer (1999)	2018
2	40.74	Stefan Baumann (2000)	2018
3	43.41	Björn Müller (1999)	2018

400 m Hürden (91.4 cm)

1	53.52	Andreas Huber (1964)	1983
2	53.68	Lars Widmer (1999)	2018
3	54.30	Markus Feldmann (1960)	1979
4	54.96	Stefan Meier (1965)	1984
5	55.14	Beat Glogger (1960)	1979
6	55.27	Patrick Ott (1979)	1998
7	55.30	Alex Dübendorfer (1968)	1986
8	56.8 (m)	Martin Aschwanden (1956)	1974
9	56.94	Stefan Baumann (2000)	2018
10	58.27	Ali Al-Kenani (1994)	2012

400 m Hürden (76.2 cm)

1	56.24	Hugo Santacruz (1988)	2006
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2000 m Steeple

1	6:23.89	Andriu Deplazes (1993)	2012
2	6:31.47	Thomas Kuhn (1961)	1979
3	6:34.4 (m)	Kurt Ammann (1955)	1974

3000 m Steeple

1	8:59.99	Andreas Schmid (1965)	1984
2	10:05.57	Adrian Ruhstaller (1973)	1991
3	10:18.90	Stefan Mühlemann (1973)	1991
4	10:24.03	Lars Widmer (1974)	1992

Hoch

1	2.06	Roger Steger (1961)	1979
2	2.04	Wolfgang Ebner (1976)	1995
3	2.01	Jan Mitsche (2001)	2020
4	2.00	Urs Leuthold (1961)	1980
5	1.98	Manfred Lüdi (1970)	1989
6	1.97	Hugo Santacruz (1988)	2007
7	1.93	Christian Lochau (1960)	1979
7	1.93	Leif Bernhard (2003)	2022
9	1.92	Andreas Gygli (1954)	1973
10	1.91	Ralph Ott (1961)	1980

Stab

1	4.30	Hugo Santacruz (1988)	2007
1	4.30	Yves Baur (2002)	2020
3	4.20	Urs Leuthold (1961)	1980
3	4.20	Peter Freimüller (1970)	1989
5	4.00	Markus Kappler (1963)	1982
5	4.00	Jeremias Rüegg (1999)	2018
5	4.00	Leif Bernhard (2003)	2022
8	3.90	Ralph Ott (1961)	1979
8	3.90	Malte Kölle (2001)	2019
10	3.80	Markus Mayer (1963)	1982
10	3.80	Andrin Schneider (1998)	2016
10	3.80	Jan Mitsche (2001)	2019

Weit

1	7.68	Cyrill Kernbach (2003)	2022
2	7.09	Walter Esposito (1972)	1991
2	7.09	Mattia Dora (2001)	2019
4	7.04	Adrian Luder (1968)	1986
5	6.99	Yves Baur (2002)	2020
6	6.93	Hugo Santacruz (1988)	2006
7	6.88	Thomas Telle (1962)	1981
8	6.86	Tim Federspiel (2004)	2022
9	6.85	Ronny Wüthrich (2005)	2023
10	6.83	Alex Dübendorfer (1968)	1987

Drei

1	14.11	Walter Esposito (1972)	1991
2	13.90	Marc Zenklusen (1977)	1996
3	13.47	Ronny Wüthrich (2005)	2023
4	13.37	Roger Schibli (1968)	1986
5	13.26	Erich Pfister (1964)	1983
6	13.15	Joannes Fresa (1986)	2004
7	13.10	Alex Dübendorfer (1968)	1986
8	13.02	Michael Kleffel (1983)	2002
9	12.96	Sven Ryffel (1972)	1991
10	12.94	Tim Federspiel (2004)	2022

Kugel (7.26 kg)

1	15.43	Max Rüegg (1956)	1975
2	14.28	Willy Frenzel (1964)	1983
3	12.88	Sascha Marchetto (1973)	1991
4	12.38	Oliver Heck (2002)	2021
5	11.95	Hansruedi Mattmann (1962)	1981
6	11.88	Roger Ingold (1960)	1979
7	11.80	Cyrill Lüscher (1964)	1982
8	11.59	Ralph Ott (1961)	1980
9	11.54	Sven Ryffel (1972)	1990
10	11.52	Urs Leuthold (1961)	1980

Kugel (6 kg)

1	15.53	Oliver Heck (2002)	2021
2	14.60	Jan Mitsche (2001)	2020
3	13.52	Andrin Schneider (1998)	2017
4	13.44	David Meier (1981)	1999
5	13.43	Hugo Santacruz (1988)	2007
6	13.24	Sascha Marchetto (1973)	1992
7	13.20	This Stocker (1982)	2000
8	12.87	Tobias Baumann (1983)	2001
9	12.62	Jeremias Rüegg (1999)	2018
10	12.55	Malte Kölle (2001)	2019

Kugel (5 kg)

1	13.74	Jeremias Rüegg (1999)	2017
2	13.28	Lars Widmer (1999)	2018
3	11.80	Martin Fuchs (1999)	2018
4	11.57	Leandro Gimmi (1998)	2017
5	8.94	Torben Kölle (1997)	2015

Diskus (2 kg)

1	39.40	Willy Frenzel (1964)	1983
2	38.32	Sven Ryffel (1972)	1991
3	37.46	Sascha Marchetto (1973)	1991
4	37.15	Oliver Heck (2002)	2021
5	36.70	Thomas Landis (1963)	1982
6	36.42	Cyrill Lüscher (1964)	1982
7	36.24	Urs Leuthold (1961)	1980
8	35.94	Thomas Landis (1963)	1981
9	35.90	Max Rüegg (1956)	1974
10	35.03	Andreas Gygli (1954)	1973

Diskus (1.75 kg)

1	42.28	Jan Mitsche (2001)	2020
2	40.64	Oliver Heck (2002)	2021
3	39.96	Sascha Marchetto (1973)	1992
4	39.49	Tobias Baumann (1983)	2001
5	39.38	This Stocker (1982)	2000
6	38.64	Marc Zenklusen (1977)	1996
7	38.62	Yves Baur (2002)	2021
8	37.75	Leif Bernhard (2003)	2022
9	36.44	Jeremias Rüegg (1999)	2018
10	34.96	Ronny Wüthrich (2005)	2023

Hammer (6.25 kg)

1	30.53	David Meier (1981)	2000
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Hammer (6kg)

1	34.43	Malte Kölle (2001)	2020
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Speer (800 g)

1	61.57	Paul Filges (1999)	2017
2	59.18	Hansruedi Mattmann (1962)	1981
3	56.70	Marcel Polidori (1969)	1988
4	58.30	Max Rüegg (1956)	1974
5	55.13	Urs Thoma (1980)	1999
6	54.26	Robert Krebs (1980)	1999
7	54.01	Ronny Wüthrich (2005)	2023
8	52.72	Thomas Landis (1963)	1981
9	51.86	Yves Baur (2002)	2021
10	49.44	Markus Hilber (1969)	1988

Fünfkampf Junioren

1	2992	Ralph Ott (1961)	1979
2	2529	Felix Keller (1956)	1974

Zehnkampf U20

1	7227	Yves Baur (2002)	2021
2	7072	Jan Mitsche (2001)	2020
3	7043	Hugo Santacruz (1988)	2007
4	6768	Urs Leuthold (1961)	1980
5	6393	Ralph Ott (1961)	1980
6	6341	Leif Bernhard (2003)	2021
7	6270	Peter Freimüller (1970)	1989
8	6211	Andrin Schneider (1998)	2017
9	6182	Lars Widmer (1999)	2017
10	6031	Malte Kölle (2001)	2019

10 km Strasse

1	34:01.2	Anders Fox (1995)	2014
2	35:08.9	Andriu Deplazes (1993)	2012

Halbmarathon

1	1:08:49	Thomas Benz (1980)	1999
2	1:15.51	Andriu Deplazes (1993)	2012