

# Ewige Bestenliste des LAC TV Unterstrass

## Männer U23

Stand: 04.03.2024

### 60 m

1	7.47	Adrian Ulrich (1997)	2017
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### 100 m

1	10.62	Martin Fuchs (1999)	2020
2	10.63	Hansjörg Ziegler (1954)	1975
3	10.69	Mattia Dora (2001)	2022
4	10.75	Roger Kernbach (1970)	1992
5	10.76	Daniel Rentsch (1967)	1988
6	10.77	Markus Ineichen (1973)	1993
7	10.78	Gerold Curti (1952)	1974
7	10.78	Reto Jelinek (1966)	1988
9	10.90	Oliver Fasching (1963)	1984
10	10.96	Oliver Marangoni (1978)	2000

### 100 m (handgestoppt)

1	10.4	Hansjörg Ziegler (1954)	1975
2	10.5	Gerold Curti (1952)	1974

### 150 m

1	16.02	Mattia Dora (2001)	2023
2	16.08	Martin Fuchs (1999)	2020
3	17.96	Lorenzo Bocchio (2002)	2022
4	18.57	Torben Kölle (1997)	2018
5	19.00	Timo Suter (1999)	2020

### 200 m

1	21.18	Martin Fuchs (1999)	2021
2	21.31	Hansjörg Ziegler (1954)	1975
3	21.39	Reto Jelinek (1966)	1988
4	21.64	Roger Kernbach (1970)	1991
5	21.74	Daniel Rentsch (1967)	1988
6	21.92	Gerold Curti (1952)	1974
7	21.94	Mattia Dora (2001)	2023
8	22.02	Oliver Fasching (1963)	1984
9	22.05	Hugo Santacruz (1988)	2009
10	22.16	Urs Blattmann (1972)	1993

### 200 m (handgestoppt)

1	21.0	Hansjörg Ziegler (1954)	1975
2	21.1	Gerold Curti (1952)	1974

### 300 m

1	33.6 (m)	Gerold Curti (1952)	1973
2	33.64	Reto Jelinek (1966)	1988
3	34.10	Martin Fuchs (1999)	2020
4	34.25	Daniel Rentsch (1967)	1988
5	34.51	Immo Noack (1955)	1976
6	35.31	Mattia Dora (2001)	2023
7	35.51	Reto Odermatt (1992)	2012
8	35.53	Lars Widmer (1999)	2019
9	36.05	Andrin Schneider (1998)	2018
10	36.62	Estiben Vasquez (1993)	2013

### 400 m

1	47.02	Reto Jelinek (1966)	1988
2	47.40	Gerold Curti (1952)	1973
3	47.71	Martin Aschwanden (1956)	1976
4	48.28	Martin Fuchs (1999)	2020
5	48.46	Fritz Thöny (1966)	1988
6	48.54	Immo Noack (1955)	1976
7	48.84	Hugo Santacruz (1988)	2009
8	48.87	Hisham Mansour (1961)	1982
9	48.88	Stefan Meier (1965)	1986
10	48.88	Gert Kilbert (1965)	1987

### 600 m

1	1:17.97	Gert Kilbert (1965)	1985
2	1:18.22	Hisham Mansour (1961)	1982
3	1:18.89	Martin Aschwanden (1956)	1976
4	1:19.12	Sébastien Wschiansy (1962)	1983
5	1:19.17	Reto Jelinek (1966)	1988
6	1:19.50	Adrian Wäckerli (1964)	1985
7	1:21.23	Nicolas Bocherons (1989)	2011
8	1:21.49	Stefan Wullschleger (1980)	2001
9	1:25.19	Gabriel Patzi (1998)	2019
10	1:25.24	Lukas Ryffel (1992)	2012

### 800 m

1	1:45.46	Gert Kilbert (1965)	1987
2	1:48.96	Sébastien Wschiansy (1962)	1984
3	1:49.14	Michael Bruggmann (1969)	1991
4	1:49.41	Hisham Mansour (1961)	1982
5	1:49.6 (m)	Martin Aschwanden (1956)	1976
6	1:49.62	Philippe Bandi (1970)	1992
7	1:49.76	Adrian Wäckerli (1964)	1985
8	1:49.8 (m)	Jürg Winiger (1951)	1972
9	1:51.90	Andreas Schmid (1965)	1987
10	1:52.02	Roger Gschwend (1976)	1998

### 1000 m

1	2:22.61	Gert Kilbert (1965)	1986
2	2:23.03	Sébastien Wschiansy (1962)	1983
3	2:23.34	Michael Bruggmann (1969)	1991
4	2:24.06	Philippe Bandi (1970)	1991
5	2:25.09	Andreas Schmid (1965)	1986
6	2:25.5 (m)	Jürg Winiger (1951)	1973
7	2:26.05	Olivier Birchmeier (1963)	1983
8	2:27.60	Daniel Streuli (1984)	2004
9	2:27.66	Jonas Raess (1994)	2015
10	2:28.25	Hisham Mansour (1961)	1982

### 1500 m

1	3:42.16	Philippe Bandi (1970)	1992
2	3:43.52	Gert Kilbert (1965)	1985
3	3:46.7 (m)	Hugo Wey (1954)	1976
4	3:46.9 (m)	Sébastien Wschiansy (1962)	1982
5	3:47.1 (m)	Michael Bruggmann (1969)	1991
6	3:48.50	Andreas Schmid (1965)	1987
7	3:49.34	Olivier Birchmeier (1963)	1983
8	3:49.57	Jonas Raess (1994)	2015
9	3:49.6 (m)	Jürg Winiger (1951)	1973
10	3:54.55	Daniel Streuli (1984)	2004

### 1 Meile

1	4:15.59	Peter Hostettler (1962)	1983
2	4:41.99	Marco Engeler (1993)	2014

### 2000 m

1	5:17.4 (m)	Hugo Wey (1954)	1976
2	5:29.63	Albert Kuhn (1955)	1977
3	6:00.44	Marco Engeler (1993)	2014

### 3000 m

1	8:16.35	Vincent Jacot (1959)	1980
2	8:18.30	Philippe Bandi (1970)	1992
3	8:19.24	Hugo Wey (1954)	1976
4	8:20.78	Thomas Benz (1980)	2002
5	8:28.48	Andreas Schmid (1965)	1986
6	8:35.0 (m)	Hanspeter Stauffacher (1953)	1973
7	8:41.64	Daniel Streuli (1984)	2005
8	8:47.94	Nicolas Bocherons (1989)	2010
9	8:53.79	Patrick Rhyner (1989)	2010
10	9:09.09	Ivo Drescher (1993)	2013

### 5000 m

1	14:19:50	Thomas Benz (1980)	2002
2	14:40.8 (m)	Hanspeter Stauffacher (1953)	1974
3	14:50.54	Vincent Jacot (1959)	1980
4	14:55.0 (m)	Hugo Wey (1954)	1976
5	14:58.8 (m)	Albert Kuhn (1955)	1977
6	15:16.04	Beat Blättler (1976)	1998
7	15:23.73	Ruedi Wild (1982)	2003
8	15:43.97	Sven Riederer (1981)	2001
9	16:03.89	Robin Oberholzer (2000)	2020
10	16:13.73	Nicolas Bocherons (1989)	2010

### 10000 m

1	30:58.35	Thomas Benz (1980)	2001
2	31:08.51	Vincent Jacot (1959)	1980
3	31:25.8 (m)	Albert Kuhn (1955)	1977

### 110 m Hürden (106.7 cm)

1	14.14	Ryan Nigel Wright (2002)	2023
2	14.70	Beat Glogger (1960)	1982
3	14.94	Patrick Ott (1979)	2001
4	15.14	Wolfgang Ebner (1976)	1998
5	15.21	Yves Baur (2002)	2022
6	15.30	Markus Feldmann (1960)	1982
7	15.49	Daniel Malach (2000)	2022
8	15.62	Leif Bernhard (2003)	2023
9	15.82	This Stocker (1982)	2002
10	15.82	Lars Widmer (1999)	2020

### 110 m Hürden (99.1 cm)

1	15.39	Hugo Santacruz (1988)	2010
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### 110 m Hürden (91.4 cm)

1	16.51	Hugo Santacruz (1988)	2008
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### 300 m Hürden (91.4 cm)

1	38.14	Lars Widmer (1999)	2020
2	39.69	Johannes Goedejohann (1993)	2014
3	40.34	Lorenzo Bocchio (2002)	2022
4	44.80	Torben Kölle (1997)	2017

### 400 m Hürden (91.4 cm)

1	52.69	Markus Feldmann (1960)	1981
2	52.87	Patrick Ott (1979)	2001
3	53.48	Lars Widmer (1999)	2020
4	54.00	Daniel Rentsch (1967)	1989
5	54.56	Stefan Meier (1965)	1986
6	54.62	Andreas Huber (1964)	1984
7	54.71	Beat Glogger (1960)	1982
8	54.86	Martin Hartmann (1972)	1994
9	55.16	Johannes Goedejohann (1993)	2015
10	56.1 (m)	Immo Noack (1955)	1975

### 3000 m Steeple

1	9:22.4 (m)	Hugo Wey (1954)	1976
2	9:27.2 (m)	Albert Kuhn (1955)	1977
3	9:28.59	Andreas Schmid (1965)	1986
4	9:42.55	Thomas Benz (1980)	2000
5	10:46.15	Robin Oberholzer (2000)	2022

### Hoch

1	2.08	Wolfgang Ebner (1976)	1996
2	2.07	Manfred Lüdi (1970)	1991
3	2.01	Jürg Gubler (1962)	1982
4	1.89	Leandro Gimmi (1998)	2018
5	1.88	Daniel Malach (2000)	2022
6	1.86	Leif Bernhard (2003)	2023
7	1.85	Torben Kölle (1997)	2018
8	1.83	Andrin Schneider (1998)	2018
9	1.80	Hugo Santacruz (1988)	2008
9	1.80	Lars Widmer (1999)	2019
9	1.80	Pascal Waser (2000)	2021

### Stab

1	5.30	Markus Lübbers (1971)	1992
2	4.50	Daniel Malach (2000)	2022
3	4.30	Urs Leuthold (1961)	1982
4	4.30	Hugo Santacruz (1988)	2009
5	4.10	Andrin Schneider (1998)	2020
5	4.10	Leif Bernhard (2003)	2023
7	4.00	Yves Baur (2002)	2023
8	3.90	Jeremias Rüegg (1999)	2019
9	3.60	Lars Widmer (1999)	2020

### Weit

1	7.52	Wolfgang Ebner (1976)	1998
2	7.48	Cyrill Kernbach (2003)	2023
3	7.40	Mattia Dora (2001)	2023
4	7.11	Thomas Telle (1962)	1983
5	7.01	Walter Esposito (1972)	1992
6	6.99	Leif Bernhard (2003)	2023
7	6.89	Daniel Malach (2000)	2022
8	6.86	Albert Schnüriger (1956)	1978
9	6.72	Hugo Santacruz (1988)	2009
10	6.71	Leandro Gimmi (1998)	2019

### Drei

1	15.41	Wolfgang Ebner (1976)	1998
2	14.40	Walter Esposito (1972)	1992
3	14.02	Roger Schibli (1968)	1988
4	13.59	Ernst Wunderli (1953)	1975
5	13.55	Thomas Telle (1962)	1984
6	13.46	Joannes Fresa (1986)	2007
7	13.41	Martin Keist (1973)	1994
8	13.20	Tom Reuter (1990)	2011
9	12.97	Leandro Gimmi (1998)	2018
10	12.57	Torben Kölle (1997)	2019

### **Kugel (7.26 kg)**

1	15.75	Max Rüegg (1956)	1977
2	14.27	Willy Frenzel (1964)	1984
3	14.07	Oliver Heck (2002)	2022
4	13.88	David Meier (1981)	2003
4	13.88	Tom Reuter (1990)	2011
6	13.65	Sascha Marchetto (1973)	1993
7	12.88	Daniel Malach (2000)	2022
8	12.58	This Stocker (1982)	2002
9	12.32	Jeremias Rüegg (1999)	2020
10	12.12	Andrin Schneider (1998)	2018

### **Kugel (5 kg)**

1	14.81	Andrin Schneider (1998)	2019
2	13.82	Malte Kölle (2001)	2023
3	13.46	Lars Widmer (1999)	2019
4	12.96	Leandro Gimmi (1998)	2019
5	12.87	Martin Fuchs (1999)	2019
6	11.55	Mattia Dora (2001)	2023
7	10.87	Elias Kuratli (1997)	2019
8	9.24	Björn Müller (1999)	2019
9	8.81	Torben Kölle (1997)	2018
10	7.92	Timo Suter (1999)	2020

### **Diskus (2 kg)**

1	48.48	Thomas Bisig (1968)	1989
2	47.47	Oliver Heck (2002)	2024
3	43.88	Daniel Malach (2000)	2022
4	41.50	Willy Frenzel (1964)	1986
5	41.02	Sascha Marchetto (1973)	1994
6	36.15	David Meier (1981)	2003
7	35.99	This Stocker (1982)	2004
8	35.74	Yves Baur (2002)	2023
9	34.60	Leif Bernhard (2003)	2023
10	34.26	Jeremias Rüegg (1999)	2020

### **Hammer (7.26 kg)**

1	32.85	David Meier (1981)	2002
2	30.48	Malte Kölle (2001)	2023

### **Speer (800 g)**

1	69.84	Jiri Cettl (1958)	1980
2	64.05	Tom Reuter (1990)	2012
3	63.78	Pascal Waser (2000)	2020
4	61.24	Max Rüegg (1956)	1977
5	59.13	Daniel Malach (2000)	2022
6	58.88	Martin Hartmann (1972)	1993
7	56.94	Markus Hilber (1969)	1990
8	56.72	Wolfgang Ebner (1976)	1998
9	51.28	Robert Krebs (1980)	2002
10	51.16	Jeremias Rüegg (1999)	2021

## **Zehnkampf**

1	7105	Wolfgang Ebner (1976)	1998
2	7065	Daniel Malach (2000)	2022
3	6796	Leif Bernhard (2003)	2023
4	6766	Hugo Santacruz (1988)	2010
5	6731	Yves Baur (2002)	2023
6	6592	Ralph Ott (1961)	1983
7	6264	Lars Widmer (1999)	2020
8	6023	Andrin Schneider (1998)	2018
9	5868	Jeremias Rüegg (1999)	2019
10	5801	Patrick Ott (1979)	1999

## **10 km Strasse**

1	34:04.1	Ivo Drescher (1993)	2015
2	34:35.8	Nicolas Bocherons (1989)	2011
3	35:13.4	Mario Christiner (1989)	2011
4	36:49.2	Jan Otto (1990)	2011

## **Halbmarathon**

1	1:08:03	Thomas Benz (1980)	2002
2	1:09:02	Beat Blättler (1976)	1998
3	1:15:01	Florian Wagner (1977)	1999
4	1:16:30	Marco Engeler (1993)	2014

## **Marathon**

1	2:28:41	Beat Blättler (1976)	1998
2	2:37:17	René Roner (1957)	1979
3	2:48:19	Mario Christiner (1989)	2011
4	2:51:08	Eugen Schilter (1951)	1973