

Ewige Bestenliste des LAC TV Unterstrass

Frauen Aktive

Stand: 04.03.2024

50 m

1	7.16	Martina Fontanive (1986)	2007
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60 m

1	7.55	Petra Fontanive (1988)	2017
2	7.72	Daniela Kyburz (1988)	2018
3	8.05	Saana Laaksonlaita (1993)	2017
4	8.10	Liv Dufner (2004)	2023
5	8.18	Arianna Giuliani (2005)	2023
6	8.34	Melanie Eisenring (1998)	2022
7	8.39	Ana Garcia Fernandez (1995)	2019
8	8.49	Lara Lehmann (2003)	2023
9	9.02	Katja Arnold (1952)	2007

100 m

1	11.45	Brigitte Wehrli-Senglaub (1958)	1979
2	11.53	Margreth Haug (1968)	1996
3	11.54	Martha Grossenbacher (1959)	1989
4	11.78	Beatrice Widmer (-Ingold) (1965)	1996
5	11.85	Catia Gubelmann (2001)	2023
6	11.87	Daniela Kyburz (1988)	2020
7	11.91	Petra Fontanive (1988)	2017
8	12.09	Angela Fausch (-Papadopoulos) (1961)	1987
9	12.15	Yvonne Rettig (1963)	1983
9	12.15	Karin Baumgartner (1964)	1983

100 m (handgestoppt)

1	11.9	Brigitte Wehrli-Senglaub (1958)	1976
2	12.0	Gabriella Markworth (1951)	1976
3	12.1	Gabrielle Florinett (1951)	1975
4	12.4	Susanne Ramseier (1958)	1976

150 m

1	17.68	Daniela Kyburz (1988)	2020
2	17.93	Annina Fahr (1993)	2023
3	18.20	Petra Fontanive (1988)	2017
4	18.32	Katelyn Adel (2002)	2023
5	18.74	Saana Laaksonlaita (1993)	2020
6	18.81	Carol Koch (1999)	2023
7	19.11	Beatrice Widmer (-Ingold) (1965)	1993
8	19.24	Arianna Giuliani (2005)	2023
9	19.30	Ana Garcia Fernandez (1995)	2021
10	19.42	Eva Gautschi (1992)	2019

200 m

1	23.31	Brigitte Wehrli-Senglaub (1958)	1982
2	23.54	Martha Grossenbacher (1959)	1988
3	23.69	Margreth Haug (1968)	1996
4	23.72	Beatrice Widmer (-Ingold) (1965)	1996
4	23.72	Catia Gubelmann (2001)	2023
6	23.95	Petra Fontanive (1988)	2017
7	24.13	Daniela Kyburz (1988)	2020
8	24.15	Annina Fahr (1993)	2022
9	24.49	Gabriella Markworth (1951)	1976
10	24.63	Olga Mutanda (1967)	1993

200 m (handgestoppt)

1	24.7	Gabrielle Florinett (1951)	1975
2	24.9	Gabriella Markworth (1951)	1976
3	25.7	Susanne Ramseier (1958)	1976
4	26.1	Ursula Feisst (1958)	1976

300 m

1	37.72	Petra Fontanive (1988)	2017
2	37.85	Annina Fahr (1993)	2022
3	38.53	Daniela Kyburz (1988)	2018
4	38.54	Beatrice Widmer (-Ingold) (1965)	1996
5	39.79	Kathrin Lüthi (1969)	1987
6	39.81	Avril Jackson (1986)	2017
7	40.23	Carol Koch (1999)	2023
8	40.25	Karin Baumgartner (1964)	1982
9	40.43	Marion Speck (1964)	1982
10	40.72	Martina Schmitz (1967)	1985

400 m

1	51.89	Annina Fahr (1993)	2023
2	52.19	Martha Grossenbacher (1959)	1989
3	52.51	Catia Gubelmann (2001)	2023
4	52.68	Petra Fontanive (1988)	2017
5	53.65	Beatrice Widmer (-Ingold) (1965)	1996
6	53.69	Brigitte Wehrli-Senglaub (1958)	1981
7	54.39	Daniela Kyburz (1988)	2018
8	54.93	Marion Speck (1964)	1983
9	54.94	Martina Schmitz (1967)	1986
10	55.46	Kathrin Lüthi (1969)	1987

600 m

1	1:26.85	Annina Fahr (1993)	2023
2	1:29.51	Maria Ritter (1957)	1983
3	1:30.60 (m)	Martina Schmitz (1967)	1987
4	1:33.46	Berti Glättli (1958)	1985
5	1:34.01	Beatrice Jäggi (1960)	1985
6	1:34.12	Silvia Baumann (1950)	1986
7	1:36.37	Nicole Pfister (1965)	1984
8	1:36.52	Cathérine Bäumlü (1973)	1991
9	1:37.17	Katelyn Adel (2002)	2023
10	1:38.25	Silvia Binggeli (1957)	1975

800 m

1	2:03.71	Maria Ritter (1957)	1982
2	2:07.28	Helen Ritter (1957)	1982
3	2:08.36	Annina Fahr (1993)	2023
4	2:09.99	Martina Schmitz (1967)	1987
5	2:10.71	Marianne Balmer-Knöpfli (1960)	1985
6	2:11.78	Silvia Baumann (1950)	1988
7	2:12.13	Nicole Pfister (1965)	1984
8	2:12.15	Beatrice Jäggi (-Hotz) (1960)	1986
9	2:12.18	Therese Schreiber (1957)	1989
10	2:12.40	Anja Duelli (1966)	1986

1000 m

1	2:46.39	Helen Ritter (1957)	1982
2	2:51.4 (m)	Martha Zehnder (1947)	1975
3	2:52.40	Therese Schreiber (1957)	1989
4	2:53.14	Anja Duelli (1966)	1987
5	2:53.19	Marianne Balmer-Knöpfli (1960)	1985
6	2:53.58	Linda Feuz (1977)	2000
7	2:55.43	Tanja Fischer (1966)	1997
8	2:55.94	Gaby Kilchsperger (1965)	1988
9	2:56.01	Maja Heusser (1960)	1986
10	2:56.72	Martina Tresch (1989)	2009

1500 m

1	4:17.37	Helen Ritter (1957)	1982
2	4:19.51	Fatima Aouam (1959)	1991
3	4:20.21	Maria Ritter (1957)	1983
4	4:22.00	Martina Tresch (1989)	2011
5	4:22.64	Minori Hayakari (1972)	1996
6	4:24.35	Tanja Fischer (1966)	1998
7	4:25.73	Marianne Balmer-Knöpfli (1960)	1989
8	4:29.66	Daniela Gassmann (1964)	1984
9	4:31.08	Anja Duelli (1966)	1987
10	4:31.69	Silvia Binggeli (1957)	1976

3000 m

1	9:23.12	Helen Ritter (1957)	1984
2	9:23.55	Tanja Fischer (1966)	1999
3	9:30.96	Daniela Gassmann (1964)	1984
4	9:34.39	Marianne Balmer-Knöpfli (1960)	1990
5	9:45.62	Anja Duelli (1968)	1987
6	9:50.12	Weronika Troxler (1965)	1995
7	9:51.50	Dolorita Gerber (1968)	1995
8	9:55.0 (m)	Martha Zehnder (1947)	1973
9	9:55.32	Aita Ammann (2000)	2018
10	9:55.50	Linda Feuz (1977)	1999

5000 m

1	16:09.43	Tanja Fischer (1966)	1998
2	16:33.31	Martina Tresch (1989)	2010
3	16:43.25	Linda Feuz (1977)	2001
4	16:45.38	Weronika Troxler (1965)	1995
5	16:49.78	Luzia Sahli (1956)	1989
6	17:07.02	Anja Duelli (1966)	1986
7	17:10.22	Aita Ammann (2000)	2018
8	17:29.07	Mona Stockhecke (1983)	2012
9	17:37.57	Nicole Pfister (1965)	1986
10	17:40.36	Ruth Briggs (1971)	2006

10000 m

1	34:42.64	Luzia Sahli (1956)	1989
2	37:12.30	Marianne Balmer-Knöpfli (1960)	1986
3	39:05.38	Gabriela Leu (1950)	1985
4	39:07.89	Maja Heusser (1960)	1986
5	43:04.50	Chantal Matzinger (1991)	2014

100 m Hürden (84 cm)

1	13.25	Monica Pellegrinelli (1965)	1991
2	13.44	Petra Fontanive (1988)	2017
3	13.46	Daniela Kyburz (1988)	2022
4	13.66	Sandra Cramer (1961)	1988
5	13.89	Annina Fahr (1993)	2022
6	13.95	Katelyn Adel (2002)	2023
7	13.96	Ursula Büchi (1966)	1991
8	14.14	Claudia Weber (1972)	1999
9	14.17	Angela Fausch (-Papadopoulos) (1961)	1986
10	14.43	Catia Gubelmann (2001)	2022

100 m Hürden (84 cm) (handgestoppt)

1	14.8	Katja Arnold (1952)	1976
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300 m Hürden (76.2 cm)

1	39.61	Petra Fontanive (1988)	2017
2	40.75	Annina Fahr (1993)	2023
3	41.02	Daniela Kyburz (1988)	2018
4	42.65	Avril Jackson (1986)	2016
5	43.14	Bettina Meyer (1988)	2015
6	43.89	Beatrice Widmer (-Ingold) (1965)	1996
7	44.12	Leila Vogt (1994)	2019
8	44.58	Melanie Eisenring (1998)	2022
9	44.67	Atena Giuliani (2003)	2023
10	45.98	Kira Widmer (2002)	2023

400 m Hürden (76.2 cm)

1	54.56	Petra Fontanive (1988)	2017
2	55.63	Annina Fahr (1993)	2023
3	58.11	Daniela Kyburz (1988)	2018
4	59.36	Avril Jackson (1986)	2017
5	59.91	Bettina Meyer (1988)	2015
6	60.02	Beatrice Widmer (-Ingold) (1965)	1992
7	60.92	Katja Arnold (1952)	1981
8	62.72	Leila Vogt (1994)	2019
9	62.73	Berti Glättli (1958)	1985
10	63.30	Melanie Eisenring (1998)	2016

2000 m Steeple

1	7:08.97	Aita Ammann (2000)	2018
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3000 m Steeple

1	9:51.96	Martina Tresch (1989)	2011
2	11.06.10	Aita Ammann (2000)	2018

Hoch

1	1.95	Sieglinde Cadusch (1967)	1995
2	1.90	Corinne Müller (1975)	2003
3	1.80	Katelyn Adel (2002)	2023
4	1.77	Marion Elmer-Bichsel (1960)	1981
5	1.76	Priska Tanner (1967)	1991
6	1.73	Karin Mathys (1977)	1998
7	1.71	Angela Fausch (-Papadopoulos) (1961)	1986
7	1.71	Sara Mazzi (1987)	2017
9	1.67	Ursula Büchi (1966)	1991
10	1.65	Gabrielle Florinett (1951)	1974
10	1.65	Silvia Mattmann (1965)	1983
10	1.65	Yvonne Rettig (1963)	1987
10	1.65	Cornelia Salzmänn (1971)	1995

Stab

1	3.80	Petra Hinderling (1972)	1999
2	3.30	Natascha Schnell (1976)	1999
3	2.40	Claudia Solenthaler (1979)	1997

Weit

1	6.34	Sandra Cramer (1961)	1985
2	6.15	Katelyn Adel (2002)	2023
3	6.14	Yvonne Rettig (1963)	1982
4	5.91	Angela Fausch (-Papadopoulos) (1961)	1983
5	5.82	Martha Grossenbacher (1959)	1989
6	5.82	Catia Gubelmann (2001)	2022
7	5.77	Corinne Müller (1975)	2001
8	5.74	Annina Fahr (1993)	2022
9	5.71	Jacqueline Schmid (1966)	1985
10	5.70	Esther Brönnimann (1973)	1999

Drei

1	12.70	Corinne Müller (1975)	1998
2	11.89	Priska Tanner (1967)	1992
3	11.43	Sieglinde Cadusch (1967)	1997
4	10.96	Renata Vasella (1970)	1996
5	10.94	Madlaina Arpagaus (1995)	2013
6	10.88	Martina Fontanive (1986)	2011
7	10.73	Sophia Blake (1973)	1991
8	10.62	Yvonne Augustin (1985)	2016
8	10.62	Bettina Meyer (1988)	2017
10	10.55	Sara Mazzi (1987)	2017

Kugel (4 kg)

1	15.68	Asdis Hjamsdottir (1985)	2015
2	14.91	Claudia Bühlmann (1967)	1993
3	14.04	Claudia Elsener (1961)	1983
4	13.16	Nadja-Marie Pasternack (1996)	2016
5	13.03	Myrtha Heilig (1943)	1982
6	12.90	Katelyn Adel (2002)	2023
7	12.36	Michaela Keck (1962)	1989
8	12.29	Kim Widmer (1995)	2020
9	12.18	Ursula Büchi (1966)	1991
9	12.18	Susi Syz (1962)	1993

Diskus (1 kg)

1	51.46	Claudia Elsener (1961)	1986
2	49.76	Asdis Hjamsdottir (1985)	2016
3	46.77	Nadja-Marie Pasternack (1996)	2017
4	45.20	Claudia Bühlmann (1967)	1990
5	44.10	Ornella Giulieri (1964)	1988
6	40.40	Karlien Sleper (1993)	2016
7	39.66	Maya Menn (1962)	1979
8	35.63	Corinne Meier (-Kaufmann) (1980)	2007
9	33.31	Regula Bernhard (1985)	2004
10	32.90	Myrtha Heilig (1943)	1982

Hammer (4 kg)

1	24.04	Andrea Thenen (1981)	2002
2	23.70	Marlies Magli (1952)	1993
3	19.42	Manuela Fontanive (1991)	2010

Speer (600 g)

1	59.95	Asdis Hjalmsdottir (1985)	2017
2	55.11	Nadja-Marie Pasternack (1996)	2016
3	54.38	Michaela Dunkel (-Keck) (1962)	1988
4	48.13	Céline Buchser (2004)	2023
5	43.52	Claudia Bühlmann (1967)	1988
6	43.23	Marielle Krause (1988)	2017
7	42.88	Priska Tanner (1967)	1991
8	42.88	Claudia Weber (1972)	1993
9	42.06	Karlien Sleper (1993)	2016
10	40.92	Debbie Curtis (1964)	1985

Fünfkampf

1	3427	Katja Arnold (1952)	1976
2	3361	Angela Fausch (-Papadopoulos) (1961)	1980

Siebenkampf

1	5720	Katelyn Adel (2002)	2023
2	5477	Annina Fahr (1993)	2022
3	5371	Daniela Kyburz (1988)	2020
4	5332	Ursula Büchi (1966)	1991
5	5277	Angela Fausch (-Papadopoulos) (1961)	1989
6	5197	Catia Gubelmann (2001)	2022
7	5100	Petra Fontanive (1988)	2017
8	4944	Claudia Weber (1972)	1993
9	4932	Katja Arnold (1952)	1983
10	4865	Franziska Schwarz (1968)	1989

10 km Strasse

1	34:28.0	Mona Stockhecke (1983)	2014
2	35:37.0	Ruth Briggs (-Branson) (1971)	2005
3	35:49.0	Martina Tresch (1989)	2015
4	36:56.7	Eveline Blatter (1970)	2011
5	36:58.0	Alexandra Schaller (1978)	2009
6	37:09.3	Julia Stokar (1972)	2003
7	37:11.6	Aude Salord (1988)	2015
8	37:21.2	Fiammetta Troxler (1996)	2014
9	37:38.0	Mirjam Bebi (1982)	2015
10	37:39.3	Katharina Steger (1975)	2005

Halbmarathon

1	1:14:57	Mona Stockhecke (1983)	2013
2	1:17:08	Linda Feuz (1977)	2001
3	1:17:33	Ruth Beerli (1962)	1997
4	1:17:34	Ruth Briggs (-Branson) (1971)	2005
5	1:18:16	Weronika Troxler (1965)	1995
6	1:19:14	Martina Tresch (1989)	2014
7	1:20:18	Alexandra Desax (1971)	1994
8	1:20:46	Mirjam Bebi (1982)	2015
9	1:21:09	Dolorita Gerber (1968)	1994
10	1:22.15	Alexandra Schaller (1978)	2014

25 km Strasse

1	1:30:40	Luzia Sahli (1956)	1990
2	1:36:29	Dolorita Gerber (1968)	1991
3	1:49:26	Erika Gedeon (1967)	1987

Marathon

1	2:33:50	Mona Stockhecke (1983)	2014
2	2:34:36	Luzia Sahli (1956)	1988
3	2:48.40	Ruth Briggs (-Branson) (1971)	2007
4	2:51:40	Ruth Beerli (1962)	1997
5	2:54:14	Alexandra Schaller (1978)	2014
6	2:55:15	Marianne Balmer-Knöpfli (1960)	1989
7	2:56:49	Eveline Blatter (1970)	2011
8	2:58:05	Mirjam Bebi (1982)	2012
9	2:58:26	Claudia Blanke (1972)	2014
10	3:00:13	Karin Züger (1972)	2008