

# Ewige Bestenliste des LAC TV Unterstrass

## Frauen U12

Stand: 04.03.2024

### 60 m

1	8.72	Liv Dufner (2004)	2015
2	8.92	Leonie Abegg (2011)	2022
3	8.94	Charlotte Keiser (2012)	2023
4	8.96	Ayele Folly (2006)	2017
5	8.97	Ava Stanek (2008)	2019
6	9.03	Leonie Körner (2006)	2017
6	9.03	Shanaya Emenike (2009)	2019
8	9.07	Amber Gründler (2013)	2023
9	9.12	Nina Schmid (2008)	2019
10	9.18	Arianna Giuliani (2005)	2016
10	9.18	Liv Stanek (2010)	2021

### 80 m (handgestoppt)

1	12.1	Myriam Burth (1970)	1980
2	12.7	Gabi Wattenhofer (1966)	1976
3	14.4	Cornelia Bollinger (1963)	1973

### 300 m

1	55.1 (m)	Maya Kuhn (1963)	1973
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### 600 m

1	1:54.31	Stella Minichiello (2009)	2020
2	1:54.38	Arianna Giuliani (2005)	2016
3	1:55.37	Leonie Abegg (2011)	2022
4	1:55.77	Ava Stanek (2008)	2019
5	1:57.08	Kira Widmer (2002)	2013
6	1:57.97	Saya Philippi (2012)	2023
7	1:59.31	Julie Gartmann (2006)	2017
8	1:59.48	Lena Bischoff (2007)	2018
9	2:00.72	Nina Schmid (2008)	2019
10	2:01.46	Hannah Stalder (2007)	2018

### 1000 m

1	3:22.34	Carla Gwerder (1983)	1994
2	3:28.37	Laurén D'Amico (2011)	2022
3	3:31.30	Kira Widmer (2002)	2013
4	3:34.11	Leonie Abegg (2011)	2022
5	3:35.56	Nina Schmid (2008)	2019
6	3:36.21	Linn Illi (2008)	2019
7	3:37.08	Atena Giuliani (2003)	2014
8	3:43.14	Luisa Frei (2008)	2019
9	3:44.52	Tiziana Lockridge (1999)	2010
10	3:44.65	Cherin D'Amico (2009)	2020

### 2000 m

1	8:21.06	Nina Küenzi (2008)	2019
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### 3000 m

1	11:18.63	Louisa Welbergen (1986)	1997
2	11:38.38	Carla Gwerder (1983)	1994
3	12:10.30	Kerstin Suter (1986)	1997

### 60 m Hürden (68.8 cm)

1	10.73	Liv Dufner (2004)	2015
2	11.71	Schirin Jammoul (2005)	2016
3	11.98	Hannah Stalder (2007)	2018
4	12.14	Anne Dufner (2007)	2018
5	12.19	Arianna Giulliani (2005)	2016
6	12.27	Kira Widmer (2002)	2013
7	12.29	Nina Schmid (2008)	2019
8	12.31	Nina Küenzi (2008)	2019
9	12.48	Yanika Moeck (2000)	2011
10	12.48	Lia Teuteberg (2013)	2023

### 60 m Hürden (76.2 cm)

1	10.58	Carla Gwerder (1983)	1994
2	13.07	Liv Wiemann (1999)	2010
3	13.49	Tilda Puhan (2010)	2021
4	13.56	Liv Stanek (2010)	2021
5	13.80	Lena Mathys (1997)	2008
6	13.98	Elis Lopes-Insley (2000)	2010
7	14.09	Leonie Abegg (2011)	2021
8	14.30	Elin Probst (2010)	2021
9	14.55	Ronja Huss (1998)	2009
10	14.78	Olivia Ngwenya (2010)	2021

### Hoch

1	1.35	Liv Dufner (2004)	2015
2	1.31	Nina Schmid (2008)	2019
3	1.30	Yannika Moeck (2000)	2011
3	1.30	Ava Stanek (2008)	2019
5	1.25	Kira Widmer (2002)	2013
6	1.20	Ayele Folly (2006)	2017
6	1.20	Julie Gartmann (2006)	2017
6	1.20	Gina Bertozzi (2008)	2019
6	1.20	Lina Hafner (2008)	2019
6	1.20	Sophie Hintermann (2008)	2019
6	1.20	July-Mae Ouattara (2010)	2020
6	1.20	Eszter Palotai (2013)	2023

### Weit

1	4.49	Liv Dufner (2004)	2015
2	4.34	Shanaya Emenike (2009)	2019
3	4.33	Ava Stanek (2008)	2019
4	4.32	Gabriela Mathis (1969)	1979
5	4.29	Charlotte Keiser (2012)	2023
6	4.25	Nina Schmid (2008)	2019
7	4.23	Leonie Körner (2006)	2017
8	4.17	Leonie Abegg (2011)	2022
9	4.16	Schirin Jammoul (2005)	2016
10	4.15	Tiziana Lockridge (1999)	2010
10	4.15	Kira Widmer (2002)	2013

### Kugel (3 kg)

1	5.92	Myriam Burth (1970)	1980
2	5.80	Gabriela Mathis (1969)	1979

### **Kugel (2.5 kg)**

1	7.87	Liv Dufner (2004)	2015
2	7.65	Ava Stanek (2008)	2019
3	7.19	Ayele Folly (2006)	2017
4	7.14	Shanaya Emenike (2009)	2019
4	7.14	Olivia Ngwenya (2010)	2021
6	7.10	Yannika Moeck (2000)	2011
7	6.87	Liv Stanek (2010)	2021
8	6.57	Amani Jahzara Ferguson Simpson (2009)	2019
9	6.31	Mina Meyrat (2012)	2023
10	6.21	Emilia Rüegg (2009)	2019
10	6.21	Laura Huber (2009)	2020

### **Drehwurf**

1	17.74	Tilda Puhan (2010)	2021
2	17.36	Olivia Ngwenya (2010)	2021
3	16.49	Liv Stanek (2010)	2021
4	16.44	Mina Meyrat (2012)	2023
5	16.05	Elodie Maiorano (2013)	2023
6	16.00	Charlotte Keiser (2012)	2023
7	15.64	Elin Probst (2010)	2021
8	15.14	Emilie Pearce (2013)	2023
9	13.51	Selma Maurer (2012)	2023
10	13.36	Marie-Alice Ghozali (2012)	2023

### **Ball (200 g)**

1	49.82	Mitra Tavakoli (1994)	2005
2	43.08	Halima Schmid (1990)	2001
3	38.10	Shanaya Emenike (2009)	2019
4	36.10	Stephanie Larcher (1986)	1997
5	33.82	Liv Dufner (2004)	2015
6	33.59	Nina Schmid (2008)	2019
7	31.11	Alessandra Stocker (2008)	2019
8	30.74	Tiziana Lockridge (1999)	2010
9	30.46	Kira Widmer (2002)	2012
10	30.24	Arianna Giuliani (2005)	2016

### **Fünfkampf Schüler**

1	2483	Carla Gwerder (1983)	1994
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### **Athletic Cup/Kids-Cup**

1	1733	Liv Dufner (2004)	2015
2	1588	Shanaya Emenike (2009)	2019
3	1543	Nina Schmid (2008)	2019
4	1536	Ava Stanek (2008)	2019
5	1459	Tiziana Lockridge (1999)	2010
6	1454	Liv Stanek (2010)	2021
7	1445	Schirin Jammoul (2005)	2016
8	1409	July-Mae Ouattara (2010)	2021
9	1407	Kira Widmer (2002)	2013
10	1406	Arianna Giuliani (2005)	2016